

XINNER



University Hospitals of Leicester MHS



TEAMWORK



Hello,

Hello and welcome to the February edition of Trust Talk.

I am so pleased to see the first round of winners of our new Caring at its Best Awards featured in this issue of Trust Talk. The awards are split into six categories which reflect our values and our aim to provide Caring at its Best.

I was lucky enough to present a number of these awards to unsuspecting but thoroughly deserving colleagues, which was very rewarding. Our cover star is Claire Young, lung MDT coordinator, who won because she goes out of her way for our lung cancer patients and is described as motivated, conscientious and hard working.

You can read about our other winners and our publicly nominated award winner on pages 10 and 11.

These awards are quarterly but I think they should serve as a reminder to us all to show our appreciation for our colleague's work at any time, especially now, when I know many of you are going that extra mile to deliver and improve our services.



As Olympic fever continues to build in anticipation of this summer's games I'm thrilled that £10m has been pledged for the sports medicine centre of excellence we are helping to



We are one team

and we are best when we work together

develop as an Olympic legacy at Loughborough University. This is another welcome boost to our already expanding research portfolio.

Our ED department and our

communications team worked together to give social media users an insight into a day in the department last month as part of the Choose Better campaign which aims to help the public make the right decisions on where to access the appropriate health services. You can read more on page 6.

Finally, I owe a debt of thanks to all of you for your hard work in getting us through some extraordinarily busy days, both at the beginning of the year, and during the current cold weather.

Malmantin low how haw

Malcolm





OVER STAR

Iaire Young, ung MDT Coordinator, Glenfield

CONTACT

ommunications Department ust Headquarters endolen House endolen Road E5 4QF ıst**talk** is a great way to share your ws and success ist email: trusttalk@uhl-tr.nhs.uk r contact the communications team

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SPORTS MEDICINE centre of excellence

Our experts are helping to develop a Sports and Exercise Medicine Centre of Excellence in the East Midlands.

FUNDING OF £10M HAS BEEN PLEDGED for the centre which will be based at

Loughborough University.

The centre will be one of three hubs across the country to help more people to be more active and treat injuries caused by exercise and conditions associated with lack of exercise.

This will mean people who are injured return to physical health more quickly. It will also help people use the benefits of

> physical activity to cope with existing medical conditions, such as diabetes. Professor Mike Morgan,

Sports and Exercise Medicine. "We will be able to help develop specialist clinical sports medicine services and promote research and education into the important expanding role that exercise has in the management of common long term conditions." Dr Patrick Wheeler is a consultant in sport

and exercise medicine as well as sports physician working with our elite ablebodied and disability athletes. He said: "This centre will provide a great opportunity to improve the clinical services for our patients, as well providing a great opportunity to work closer with the research scientists to remain at the

"The University of Leicester researchers will be able to use the facilities provided and collaborate productively with other researchers from other stakeholder organisations, including our hospitals. Nigel Brunskill, professor of renal medicine

TEAMWORK



respiratory physician, said: "We are proud to be a part of the National Centre for

Loughborough University

Working together...

Leicester's Hospitals University of Leicester Loughborough University Nottingham University Hospitals NHS Trust University of Nottingham Nottingham Healthcare NHS Trust

cutting edge of medicine.

"As well as delivering our service looking at the medical management of musculoskeletal problems we will be able to extend the work we do looking at physical activity to maintain and improve overall health, leading to significant benefits for patients as a whole as well as improving the health of our population. Nigel Brunskill, professor of renal medicine, said: "The University of Leicester researchers will be able to use the facilities provided and collaborate productively with other researchers from other

stakeholder organisations, including our hospitals.

"I am delighted and honoured to be associated with this project which will solidify the future legacy of the 2012 Olympics by establishing a critical mass for research into 'exercise as medicine', increasing public awareness and improving the health of patients with chronic diseases".

The centre is part of the UK's commitment to Olympic legacy projects.

LIGHTS CAMERA

Brand new **state of the art theatre equipment** means trainee surgeons can observe extremely complex heart operations on screen.

The cutting edge system consists of theatre lights, integrated camera and flat screen TV.

Professor Tom Spyt, consultant cardiothoracic surgeon, said: "As a surgeon we can see quite clearly what is happening, but it is very important that everyone else in the theatre knows what is going on and is involved.

"This will make a real difference. We also run courses for trainees and other heart surgeons and this equipment will mean they can watch what is happening much more easily."

Leicester Hospitals Charity used funds donated to the Cardio Respiratory Department to buy this innovative equipment. In addition a generous donation of £4,500 from the Captains Charity at Hinckley Golf Club paid for the LCD screen after Lady Captain Judith Cooke's husband John received treatment in 1995.

Judith said: "I wanted to give something back, particularly to help Prof Spyt, who saved John's life when he had to have two major open heart surgery operations within three weeks. Everyone was very generous as I think this is a cause which touches most people's lives."

Mr Cooke says he is now fully recovered. He added: "Without Prof Spyt's expertise I wouldn't be here. The treatment and the aftercare has been second to none. This was our way of thanking everyone in the

cardiac unit." Debbie Adlerstein, fundraising manager at Leicester Hospitals Charity, said: "We are delighted to part fund this project which will enhance the training of new surgeons to ensure the continuation of excellence in this sphere. It is a fantastic use of charitable funds."

"This will make a real difference. We also run courses for trainees and other heart surgeons and this equipment will mean they can watch what is happening much more easily."

Professor Tom Spyt, Consultant cardiothoracic surgeon Mr Cooke added: "Without Prof Spyt's expertise I wouldn't be here. The treatment and the aftercare has been second to none. This was our way of thanking everyone in the cardiac unit."

WORK STARTS ON NEW



Work has begun on a new Cancer Information and Support Centre at the Royal.

THE NEW BUILD WILL SEE AN

EXPANSION to the front of the Osborne Building incorporating an information drop-in area, a multi-purpose room, a quiet room, a refreshments area and an office for the information team. Our Hair Loss Service will also be based in the new centre, along with a benefits clinic, complementary therapy sessions and support groups.

The current Information Centre opened in July 2002 and has steadily risen in popularity. They saw and helped around 1,622 people in the first year, that's now risen to over 6,000 last year. Aliyah Mannan, Macmillan information assistant said: "We are all really excited about the new centre. The current centre is very popular and well placed in the entrance to the building, but is just not big enough any more. The new centre will help improve the services that we provide and the experience of the people visiting the centre."

"We have always worked closely with Macmillan and this close relationship has led to this development of a bigger and better information centre which will be a real benefit to our cancer patients and their families."

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Work is due to finish in June 2012 and the new centre will be run two Macmillan information staff, helped by a team of volunteers.



Looking for a venue for a meeting?

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We have recently just completed our state of the art extension providing us with fantastic new meeting facilities.

Our business centre now has 10 syndicate suites, five large meeting rooms with fully flexible moveable walls, a spectacular lecture theatre plus a business centre help desk, a large restaurant and coffee bar.





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Whether or not you use social media, there's no escaping the fact its popularity continues to grow. In fact, the police used Twitter successfully during the riots last summer to keep people informed.

DAY IN A&E

SO WHEN PLANNING THEIR CHOOSE

BETTER CAMPAIGN, health services in Leicester and Leicestershire decided to use Twitter and Facebook to highlight some of the campaign's messages amongst our growing followers and friends.

On Tuesday 24 January we opened the doors to A&E and the Communications Team spent the day tweeting messages about the types of things that our doctors and nurses face on an average day, highlighting where patients could have 'chosen better' and used different health services. A&E saw 159,000 patients last year and around 20-25% of them could have chosen another health service.

We also find that people use A&E as a second opinion when they've not liked the answer they've been given by another health provision. The day enabled us to highlight these things and remind people that A&E is there to treat life threatening or serious injuries and illnesses.



@dawn_hills

4:58pm @Leic_hospital

person at A&E with a

minor cut to hand, they

should know better

wasting doctors/

nurses time ..

@mnarajos

5:19pm @Leic_hospital I agree, perhaps using Twitter and #nhssm car help to ease pressure on A&E services. as well as educating the public.

> We sent out 84 tweets, re-tweeted messages and we replied to messages and questions from followers and journalists.

> > @lesleyAField

5:55pm @Leic hospital thank you for today it wa an interesting insight and may stop people going to A&E needlessly

Thanks...

Thanks go to our staff in our A&E and the Urgent Care Centre for helping this day happen, and a special thanks to BBC Radio Leicester for their support and coverage on the day.

SPECIALIST NURSING **CARE** at home

PATIENTS WHO HAVE SUFFERED BURN **INJURIES** are benefiting from receiving care in the comfort of their own home, after staff developed an outreach service. Staff from the Burns and Plastics Clinic, based at the Royal, have now made more than 100 visits to patients in their own homes since the service launched last year. Claire Porter and Vicky Galsworthy, both specialist nurses in burns and plastic surgery, travel to patients' homes to dress and treat injuries which would have previously brought patients in to hospital. Specialist burns and plastics nurses see patients at home after they have been reviewed by plastic surgeons. Not all burns injuries are suitable to be treated in their own homes; patients with more serious injuries are still admitted in to hospital.

Philip Hawk from Market Harborough was seen at home in November after suffering a burn to his foot. He said: "When this service was offered to me at home I was relieved, it felt like the right place at the right time for me."

"Burns can be horrible injuries and need a high level of specialist nursing care to help with healing. By being able to visit patients in their own homes we are able to take some of the stress out of their treatment and avoid numerous hospital visits."

Claire Porter, Specialist Nurse

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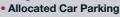






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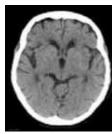
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ADDITIONAL STROKE SYMPTOMS



Our researchers have found that there are two additional signs of stroke as well as the recognised 'FAST' symptoms.

MANY PEOPLE HAVE ALREADY HEARD OF THE STROKE 'FAST'

CAMPAIGN which identifies facial weakness, arm weakness, speech problems and time to call 999.

Professor Ross Naylor, consultant vascular surgeon, and his team have found that leg weakness and loss of vision are also strong indicators that you're having a stroke.

Professor Naylor said: "The FAST campaign was very successful, but it's important that people know leg weakness and loss of vision are also signs to look out for.

"It's my fear that many people may not be aware that anyone experiencing one or both of these additional signs, on their own or with one of the already recognised FAST symptoms, may be an indicator that they, or a loved one, is having a stroke and should seek urgent medical advice.

"It's really important that people are aware of all five of the signs and they shouldn't be fooled into thinking that they must be having all five of them at the same time to be experiencing a stroke. You might be having a stroke and only suffering one of the five symptoms, however it's more likely that you will experience two signs at the same time."

Patient Francis Dennis didn't realise his loss of vision was an indicator that he may have had a stroke. Mr Dennis was being treated for a large abdominal aortic aneurysm (AAA) and mentioned his loss of vision - he had severe carotid disease and had urgent carotid surgery before his aneurysm was repaired.





Mr Dennis said,

"I can't praise Professor Naylor and his team enough. It was like I had a veil coming down over my left eye. I had no idea that loss of vision could be a sign of a stroke. I hadn't told

anybody because I did not think it was important, the next thing I was in having the surgery and home five days later."





Professor Naylor Consultant Vascular Surgeon

REVAMPED **ORTHOPAEDICS**

TEAMWORK

Staff and patients tucked into a tea party to celebrate the opening of two refurbished orthopaedic theatres

and a revamped ward at the General.

ALL PLANNED ORTHOPAEDIC OPERATIONS NOW TAKE PLACE AT THE GENERAL, meaning patients will receive the

majority of their orthopaedic care on one site, in a specially designated area.

Ward 14 has also undergone a significant upgrade which means that we now provide three dedicated orthopaedic wards at the General.

Andrew Brown, orthopaedic surgeon, said: "Our teams and patients are really positive about this move. We know that it will make a tangible difference to the care we offer to our patients and we are all looking forward to operating in the new high-tech theatres."

Keith Hibberd, project development officer is pleased to see the project completed. He said: "This is my final project before retirement so I'm pleased to see it finished and everyone moved in and happy with the end result. It's nice to end my career on a high."

The refurbished laminar flow theatres, which have been designed by the orthopaedic teams, are more spacious than their predecessors and contain air filters that greatly reduce the risk of infection. There is also a patient waiting area near theatres, which was not available before.

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The first round of winners announced!

The new Caring at its Best Awards recognise our inspirational staff and reward those that live our values and are committed Award to providing 'Caring at its Best'.

Caring at its best Awards



Highly Commended: Sarah Porter, oncology clinic co-ordinator

Winner: Joanna Snow Deputy sister, Intensive Care Unit, at the Royal

Joanna was nominated for her inspirational drive to improve patient care, showing compassion and going the extra mile to deliver a very high standard of care to our sickest patients and their relatives.

She was also nominated for the innovative modesty acwins that she's developed for ITU patients who, because of the type of treatment they are receiving, can't wear pyjamas or a hospital gown.





Highly commended: Deputy sister Laura Stevens and nurse Ginny Needham, Loughborough Renal Unit

Winner: Jane Blower Consultant embryologist

Jane was nominated for her dedication and passion to ensuring patients received the best care and for going out of her way to support and encourage her staff to achieve their passions and goals.

She is passionate about improving patient care and developing her staff to their full potential.



attitude that goes above and beyond. The final category allows patients and the public to nominate a member of staff who has touched their lives and provided the best care to them or their loved ones.



JNFRS

Highly commended: Pat Bingley, orthopaedics waiting list manager

Winner: Claire Young

Lung MDT coordinator at Glenfield

Claire is a role model with a wonderful attitude. She represents all the best attributes of a team player and caring human being. She goes out of her way for our lung cancer patients, and no task is too much to ask of Claire.

Nominated because she is motivated, conscientious, hard working, and an excellent communicator, who never seek out praise as she feels she is not doing anything extra.



Have you nominated someone yet?

If you want to nominate a colleague you think has a positive caring attitude and goes above and beyond in their role please visit the award pages on INsite.

In September 2012 the winners from each quarter will be invited to an awards ceremony where a **winner of winners** will be chosen



Winners: Senior dietitian Helen Ord.

consultant in clinical genetics

trauma Matron Kate Machin.

manager Jackie Wilson

at the Royal

femur patients.

catering & domestics manager

Vince Humby and Serco catering

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work as a team to improve nutritional

care and develop the first nutrition care

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prescription supplements with energy, protein, vitamins and minerals in to

help their recovery after an operation.

patients high energy meals and

snacks, extra milky drinks, and

Highly commended: Occupational therapy team for cardio respiratory

Winner: AMICA team including associate counsellors

The team were nominated for their good cheer and solid yet flexible team working attitude to delivering the best counselling and mediation service to support all of our staff.







We are one team and we are best when we work together

Caring at its best

Highly commended: Dr Johannes Visser and his team on ward 27, at the Royal

Winner: Dr Johannes Visser Consultant paediatric oncologist

Mum, Rachael Berry nominated Dr Visser for his care of her daughter Natalie, who sadly died of cancer in October. Rachael said: "Natalie felt truly respected and listened to by Dr Visser, he has an amazing manner. He came to our house a few times and made Natalie feel at ease talking things through with her... he even came to her funeral. He is the best doctor and an amazing man."

Family QUIET ROOM

Parents and young patients at Glenfield now have a brand new dignity room in theatres.



THE ROOM IS USED BY PARENTS bringing their children for surgery and also gives relatives the opportunity to compose themselves after leaving a child in theatre.

Next have donated all of the soft furnishings and Leicester Hospitals Charity have paid for the furniture. Carmel Hunt, matron for paediatric cardiology, said: "The staff and parents love the new room.

"It is a friendly environment and parents use it after they have been in the anaesthetic room, or if only one parent goes in, the other waits in the room."

There's MORE in your **weekend Mercury**



Don't miss our new magazine with the Mercury this weekend

Leicester & Mercury

ENCOURAGING BONE MARROV DONORS

Nurses from the haematology department gave up their own time to support a campaign to encourage bone marrow donors.

The event was held at the Guru Tegh Bahadur Gurdwara in Evington where people signed up to join the bone marrow register run by the Anthony Nolan Trust.

The event was organised to help out local police officer, Rik Basra who was looking for a match. His best hope of a match was an



Asian male aged between 18 and 30, but only four per cent of donors on the register are Asian. His wife, Kas, said she was overwhelmed by the community's response. In a letter thanking those who gave their time Rik said: "It is impossible to thank absolutely every one individually but it has truly been a team effort and hope you enjoyed the day. "The aim of the campaign ultimately is to enhance the Anthony Nolan donor database and give families faced with

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NURSES RACHEL MOORE AND LYNDA BECK AT THE BONE MARROW DONOR RECRUITMENT EVENT

blood cancer now, and in the future, a fighting chance of life.

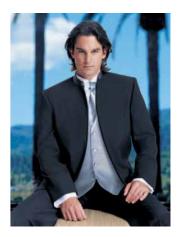
"The work you have been engaged in has involved increasing awareness and of course registering potential donors, your efforts are nothing short of amazing."

Among our nurses who helped out include Julie Glover, Anika De Bank, Lynda Beck, Rachel Moore and Jenny Rogers who managed the saliva station which took over 600 samples.

STOP PRESS! Rik underwent a transplant at Christmas "The aim of the campaign ultimately is to enhance the Anthony Nolan donor database and give families faced with blood cancer now, and in the future, a fighting chance of life."

Rik Basra





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The best things in life.... **JOHANNES VISSER**

Paediatric oncologist on the trusts 'can-do attitude', driving to Moscow in a camper van and the Bees Gees.

I JOINED THE TRUST IN 2005 after

I completed my paediatric oncology training in Vancouver. I previously undertook my general paediatric training in Cape Town and in the West Midlands. My wife and I love the Leicestershire countryside and we live in a small village with our two children, who are 12 and 10 years old, and our lively Border Collie.

Best thing about being a paediatric oncologist?

The majority of children who now develop cancer will be cured. It is a privilege to share this hope with families and to then set out on the treatment journey with them.

Best thing about working at Leicester's Hospitals?

I work with the most supportive people that you could ever wish for. The majority of staff that I come across have a can-do attitude which makes it so much easier to deal with the challenges we face every day.

Best health tip?

Go for a walk every day. I don't manage this every day, but I will continue to try!

Best film?

I love going to the cinema and my all time favourite film is Chariots of Fire. It is an

inspiring story and beautifully filmed - I have lost track of how many times I have seen it. It is so much fun to share this love of movies with my children now that they are

a bit older. We are working our way through the James Bond box set at the moment!

Best iPod track?

I do not own an iPod but I get my children to buy songs for me. My favourite song is a short track by the Bee Gees with the unusual title. New York Mining Disaster 1941. It always helps me put life's ups and downs into perspective.

Best way to relax?

Watching NCIS or any exciting film on television.

Best piece of advice you were ever given?

Spend time to get to know the people who undertake investigations on your patients. Over the years I have met so many wonderful people in radiology,

and in the different laboratories, their input and perspective on cases is invaluable.

Best way to spend an evening?

This invariably involves my family and lighting a fire. In the summer we love having a barbecue and in the winter you can find us around a loa fire.



Best holidav?

Sixteen years ago we took a 16,000 mile road trip through Europe (all the way to Moscow!) in a tiny camper van. My fondest memories are of arriving in new cities early in the morning and watching the city and its people wake up.

Best tip for surviving a shift?

A few well timed cups of good coffee.

Best thing in life?

Seeing children achieve their potential.



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Can't make it? Just say 'hello' to our dedicated sales team on 0844 892 2506, E.hellohomes@emhgroup.org.uk or www.hellohomes.org.uk

FUNDRAISING latest ... LEICESTER

News...

Santa Canter 🛧

Nurses, children and supporters raised £3000 for the Our Space Appeal by completing the Santa Canter at Mallory Park dressed as Father Christmas.

Christine Culpin and Margaret Leach ★

raised £630 by walking 190 miles from St Bees to Robin Hoods Bay for the OurSpace Appeal.

Bumper Christmas!

Our Children's Hospital received the highest number of gifts ever in the history of their Christmas gift appeals. After an initial worry that there would not be enough gifts for all the children, a Facebook message encouraged

lots more people to donate and there was more than enough

sponsored bike ride.

surgery. The remaining

Pies for cash! ★

cancer



Pedal Power

The contracts department at British Gas raised more than £2,000 in memory of Terry Summers, a late patient at the General, through a sponsored bike ride.

The 24 hour cycle challenge saw nine participants ride the distance from Lands End to John O'Groats and then back to Leicester on static bikes in their reception.

They bought a 40" television, wall brackets and two free view boxes which Terry's wife and daughter then presented to ward 20 at the General.

Quiz night

Ashby road sports club raised £331 for cardio respiratory by hosting a fundraising quiz night.

Horse ride

Paul Marlow raised over £600 for the ECMO unit at Glenfield by taking part in a coast to coast horse ride.



All aboard Santa's train!

Police officers Simon Cole and Clive Wood from Leicestershire Constabulary raised £1,100 for the children from the haemophilia clinic to go on a Santa special train trip at Shackerstone railway station.



presents on Christmas morning

A Ladies Satsang Group ★

raised £1,442 for the Our Space Appeal from donations throughout the year.

> Cycle challenge ★ Leslie Fletcher, Wayne Kinton and Susan Croft, all employees of DHL, raised nearly £4,350 for the Our Space Appeal by taking part in a

Laser for prostate

Prostaid donated £15,000 towards a Thulium Laser used in prostate cancer

£10,000 was donated by Leicester Hospitals Charity.

Pukka-Pies raised £1,162 from their Christmas raffle



Room with a view Children in the haemophilia clinic have an entertaining view thanks to artist Chris Slinger who donated his time and painted the room.



Hip op fundraiser!

Moira Finch raised more than £1,400 for the Haemophilia Centre through a sponsored 100 mile walk- after having a hip replacement!

In tune!

Local band Los Nerdos raised over £900 for the Newborn Baby Appeal at a charity music event.

Ourspace appeal The OurSpace appeal is fundraising to create a purpose built Children & Young Peoples Cancer unit at the Royal. Thanks to the generosity of staff, patients, relatives and the public we have had donations

We are still working hard towards our target of £1.4 million and would welcome any help and support you can give. For further information about the OurSpace Appeal or to make a donation please call ext:

and pledges of support of over £1 million.

8709 / 8531 or visit: www.justgiving.com/cancerappeal

INTERNATIONAL RECOGNITION

Women who have mastectomies can often now go home after just two days, thanks to work carried out with the Fast Midlands Cancer Network.

> Speedy discharge happens because patients are now able to go home with their surgical drains in place rather than waiting in hospital

until they can be removed. Patients are taught how to look after their drains at home and then come back to a dedicate clinic to have them removed.

Women used to stay in hospital for five days after they had a mastectomy.

Jade Atkin, service improvement facilitator, has been chosen to present a poster about this work at the International Forum on Quality and Safety in Healthcare in April in Paris.

Patients are now able to go home after two days with their surgical drains in place



What our patients said:

"It worked well for me as it was important for me to get back to the family and for the children to be assured I was okay."

"I had been so anxious and frightened about my operation. Being first down for the procedure and allowed to go home later took the stress out of the situation."

EDUCATION MADE 'E'ASY

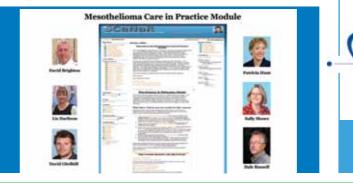


Liz Darlison, has helped to provide a new Vesothelioma educational resource.



The module has won an award at the excellence in Oncology Awards 2011 for Best Professional Education Initiative. Liz collaborated with the Royal Marsden NHS Foundation Trust to develop the Mesothelioma Care in Practice Module. It is evidence based, specialist, interactive e learning package that runs over 12 weeks.

After two successful modules, nurses in the USA and Japan have already signed up for the module starting in early 2012.



Hilton Leicester Events 2012

VALENTINE'S SPECIAL

Saturday 11th February 2012 Show that special person that you love them with our Valentine's Special

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Saturday 17th March 2012 Celebrate St. Patrick's Day and treat your Mother at the same time! See Tom Faulks perform as the amazing Michael Bublé



MOTHERING SUNDAY

Sunday 18th March 2012 Eat all you can and let someone else do the washing up! Includes a gift for all Mums £19.95 per Adult, £9.50 per child (3-12yrs)

EASTER SUNDAY

Sunday 8th April 2012 Dine from our superb Carvery menu with background music from our Resident Pianist Includes an Easter egg for all the children £15.95 person, £7.95 per child (3-12 years)

Payment required at time of booking. All monies non-refundable. 'subject to availability, terms and conditions apply'

For further details, please contact:

Conference & Events Sales Executive, Hilton Leicester, Junction 21 Approach, Leicester, LE19 1WQ. Tel: 0116 263 4574 (Direct Line) • email: events.leicester@hilton.com

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£25.00 per person

OUTSTANDING TRAINING

Our 'Directions Service' has been awarded the nationally recognised Matrix Standard.

The Matrix Standard is a government quality mark, awarded to those

organisations that excel in providing information, advice and guidance support to individuals

We are one of only 25 NHS organisations across the country that has successfully achieved this prestigious quality mark.

Sharon Baines, training and development manager, said: "We have held Matrix accreditation for the last six vears and have worked really hard this year to hold on to the accolade; it's all down to the hard work of the whole training team."



Information, Advice and Guidance

For more information about how the Directions Service can help you please contact the team on ext: 4156 or email the directionsservice@uhl-tr.nhs.uk.

> **ONE LUCKY READER CAN WIN A RAGDALE EXPERIENCE DAY** WORTH £82!

OUESTION:

To be in with a chance of winning the spa day simply tell us which Caring at its Best award did Claire Young win?

FOUNDER OF ECMO IN THE UK RETIRES

The surgeon who introduced lifesaving ECMO treatment to Leicester in 1989 has retired.

148 PAGES ♦ FASHION ♦ HAIR AND BEAUTY ♦ VENUES ♦ PLANNING ♦ JE

MR RICHARD FIRMIN, initiated the

country's first neonatal ECMO programme "Richard bows out leaving a in 1989 as a research project, initially funded by Heart Link Children's Charity. Since then successful trials coupled with the success of using ECMO to treat swine flu has secured ECMO as an established treatment for severe adult respiratory failure.

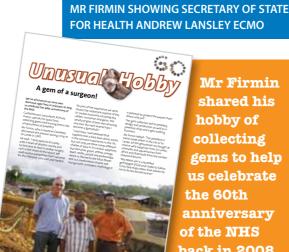
Now that Mr Firmin has retired he is hoping to spend more time with his grandchildren. He will also work part time as a consultant for the National Specialised Commissioning Group.

Doug Skehan, divisional director of acute

and consultant cardiologist said: remarkable legacy.

"Richard was a key figure in developing adult and children's heart surgery, these are services that have saved and improved many lives."

For many years Mr Firmin has spent his spare time collecting gems and turning them into unique pieces of jewellery. He said: "I will also be pursuing precious stones wherever they can be found."



Mr Firmin shared his hobby of collecting gems to help us celebrate the 60th anniversarv of the NHS back in 2008



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OUT 9 FEB

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