



'OUR SPACE' CANCER UNIT APPEAL



we treat people how we
would like to be treated
JUNE 2011

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TREATING OTHERS



Hello,

**When I got the call to say
a major fire had broken
out at the Royal I was
dismayed, knowing the
distress this would cause
patients and staff.**

However, as the drama unfolded, I was quickly filled with a sense of pride. Pride in the way our staff rapidly responded to move the patients to safety and reassure them during the early hours of the morning – patients that included children and older people, as well as those with limited mobility. They are a credit to our hospitals and the NHS.

I would hope that if I was ever in a similar situation, staff who were managing my care would make me feel as safe.

So this edition of Trust Talk is dedicated to those staff that assisted during the incident and demonstrated one of our key values: we treat others how we would like to be treated.

In May, Leicester Hospitals Charity, together with the Teenage Cancer Trust, launched an appeal to raise £1.4 million to fund a new children and young people's cancer unit at the Royal for 0-24 year olds. Why not have a look at page 5 to find out about our ambitious plans and why the new unit is so necessary.

We treat people
how we would like to be treated



With one of the busiest emergency departments in the country, we have introduced advanced nurse practitioners and physician assistants to transform the frontline of the service, improve patient experience and reduce waiting times. You can meet two members of the new team and learn more about their roles on page 6.

There are just a few weeks left to contribute to the national children's heart surgery review. Read page 13 to see why a top celebrity is lending his support to our campaign.

I hope you enjoy this issue of Trust Talk, which is as jam-packed as ever with exciting news. Finally, congratulations to Jane Scullion, respiratory nurse consultant, who came second in the Nurse of the Year awards (page 4)!

Malcolm Morris - Nurse

Malcolm



Amber with Dr Fox

trusttalk

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NURSE CONSULTANT'S WHISTLESTOP TEACHING GIG IN INDIA ENDS WITH AWARD

Respiratory nurse consultant Jane Scullion joined medics from the British Thoracic Society to provide a two-day intensive training session for doctors in Kolkata, India.

Jane became one of the country's first nurse consultants eleven years ago when she was appointed respiratory nurse consultant at Glenfield. Recently Jane, who was awarded the society's Meritorious Award in December, was invited to be a nurse member of a faculty including four doctors, asked to provide insight to a group of 75, mostly male, doctors on all aspects of care for people with respiratory disease, including

asthma, and chronic obstructive pulmonary disease (COPD).

Currently, care in India for these conditions is varied within a system which is mostly private health care. End of life care was a particular area of interest. Patients are often not told they are reaching this stage - because care is private, patients will go elsewhere for better news.



"Decisions are made by the family, not the patient, whereas we would put the patient first.

"There are huge rates of COPD in India, not just because of cheap cigarettes, and high smoking rates but also with cooking over biomass fuels. There are around 12.35 million people with COPD in India - compared to one million in the UK. There is also a lot of private medicine, little support or development of multidisciplinary teams, and there's no pulmonary rehab."

"It's always useful to start thinking about where we started from and how far we have come over the years, particularly with joint working and multidisciplinary teams."

"It was a fantastic experience, we learned as much as we taught. It's always useful to start thinking about where we started from and how far we have come over the years, particularly with joint working and multidisciplinary teams. It was interesting to go, both as a woman and as a nurse."

"They have asked for more, especially around communication skills and more practical hands on teaching."

One of the Indian doctors commented: "I liked all the lectures delivered by Jane, especially the one dealing with end of life. The sensitivity with which it was dealt was good."

On her return, Jane was delighted to discover she had come second in the Nurse of the Year awards held by the British Journal of Nursing.

"It was a fantastic experience, we learned as much as we taught."



COVER STORY

£1.4 million Children and Young People's Cancer Unit

We are embarking on an ambitious project to create a world-class Children and Young People's Cancer Unit for 0-24 year olds at the Royal.

In order to get the project off the ground, we will need to raise £1.4 million. We are calling this the 'Our Space' appeal. If the money can be raised in time, work on the new unit will start in summer 2012.

one for children under 13 years of age, and one for 13 to 24 year olds. Each will be tailored to meet the needs of that age group, including games, TV, internet connection and 'chill-out' furniture.

Cancer is predominantly a disease affecting older people, so when a young person is diagnosed with cancer, not only do they have to deal with that trauma, they are treated in wards surrounded by different generations of patients.

The new integrated unit will have dedicated treatment rooms to avoid the need wherever possible to use the adult services, and an integrated team of specialist nurses, doctors and healthcare professionals from adult and children's medicine to provide continuity of care - bringing care to the patient in an environment they share with their peers.

As well as medical care, a Teenage Cancer Trust youth support coordinator will be funded to ensure that teenagers and young adults get the emotional, social and practical support that they need. There will also be support for families with a child or young person on the unit.

The fundraising campaign will be spearheaded by Leicester Hospitals Charity and the Teenage Cancer Trust, with support from local charity, the Robbie Anderson Cancer Trust.

As Tim Diggie, head of fundraising points out: "Raising the funds needed in the current economic climate is going to be a challenge, but anyone who has had experience of a child with cancer knows

how important this new unit is. We really hope that everyone across Leicester, Leicestershire and Rutland can support this campaign and help provide the best possible facilities for all children and young people living with cancer."

If you would like to be involved in raising funds for the new unit, please contact Debbie Adlerstein, fundraising manager, on ext. 8531.

"The new unit will be a place for children just to be themselves - for younger children that could mean playing games or reading. For teenagers the space will allow them to socialise or study, listen to music or surf the internet."

Dr Fiona Miall, consultant haematologist.



20,000 teddies presented in ED

The 20,000th teddy bear has been donated to a young patient in ED.

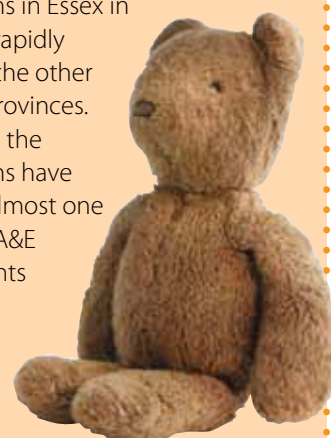
The Teddies for Loving Care (TLC) project, funded by Leicester Freemasons, began in Leicester in 2004 to supply bears to emergency departments to give youngsters to help make their visit less traumatic.

"The objective is for Freemasons to provide teddy bears to accident and emergency departments for the staff to give, at their discretion, to children admitted who are in severe distress and where the staff feel that a teddy bear to cuddle will help alleviate the stress and assist them in their work," says Frank Nichol from Leicester Freemasons. "The staff can then use the teddy to explain to the child what

is wrong with them and what the treatment will be."

Provincial Grand Master David Hagger and other members of Leicester Freemason's charity team attended the ED to in May to present the 20,000th teddy donated to the department by the Freemasons of Leicestershire & Rutland.

The initiative was started by the Freemasons in Essex in 2003 and rapidly spread to the other Masonic Provinces. Since then the Freemasons have donated almost one million at A&E departments across the country.



Unique roles will transform patient experience in ED

Patients coming into our emergency department will be seen, assessed, treated and discharged by a unique team of highly trained professionals as part of new efforts to reduce waits and improve patient care.

Former ED charge nurse Matt Wensley has become one of the country's first advanced nurse practitioners (ANPs), and he, alongside a team of five newly recruited ANPs, and four physician assistants (PAs) will become the frontline of ED.

Physician assistants are one of the NHS's newest roles, come from allied professions and life science backgrounds and undergo a three-year medical training course before being appointed. Currently James Law, a PA, is one of three working in our hospitals.

The two roles will see patients on their arrival to ED, assess them, order and review tests where necessary, before diagnosing and treating them as required. PAs and ANPs can also refer where patients need to be seen by another service, or admitted to another area of the hospital.

"For many patients, we are the only people they will need to see," says Matt, who has worked as a nurse in our ED for more than a decade. He undertook a post-graduate diploma in order to become an ANP. "From a nursing perspective, we can bring that extra knowledge of patient care, so patients don't just get treated, but feel they have been cared for."

"The patient experience is enhanced by these skills," agrees James, who has worked in the ED as a

physician's assistant for 12 months.

The investment has been made to ensure patients are seen and treated quickly and appropriately in what is one of the busiest EDs in the country. The new roles will help ensure that consultants and medical staff are available for those patients who need that level of input.

"Our aim is to see all patients within 30 minutes of their arrival to ED," adds James. James, an osteopath for more than 20 years, retrained as a physician's assistant after an injury to his elbow. "I will introduce myself and tell people that I am a physician's assistant and only very rarely will someone ask what that means."

"The NHS is used to change," adds Matt. "It has to be. An ANP is an attractive role from a nurse's point of view, because it allows clinical progression, as an alternative to going into management."

The team will initially offer an 8am to midnight service. This will be reviewed and may be extended to a 24 hour service if required.



"FOR MANY PATIENTS, WE ARE THE ONLY PEOPLE THEY WILL NEED TO SEE"

"OUR AIM IS TO SEE ALL PATIENTS WITHIN 30 MINUTES OF THEIR ARRIVAL TO ED"

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WHAT IS A FOUNDATION TRUST?



In foundation trusts (FTs), the board of directors works in partnership with a council of governors, in much the same way that head teachers work with a school's board of governors.

The governors are local people, staff and representatives from the organisations that the FT works with who have all joined the trust membership. The governors are expected to support and challenge the board of directors. In this way the voices and opinions of local people and staff are made central to the work of our hospitals.

All trust staff automatically become a member if they are employed by the trust under a contract of employment which has no fixed term or has a fixed term of at least 12 months, or anyone who has been continuously employed by the trust for at least 12 months. This means they are then eligible to elect, or stand for election, to the council of governors.

So how is the council made up?

Members are invited to take part in the process to elect the people who will represent their views on the council of governors at an early stage in the formation of the NHS Foundation Trust for the following constituencies:

More information about foundation trusts and being a member or governor can be found on INsite.

Partner organisations

- 1 Leicestershire Centre for Integrated Living
- 1 University Hospitals of Leicester Staff Side
- 1 Leicestershire Partnership NHS Trust
- 1 East Midlands Ambulance Service
- 1 Rutland County Council
- 1 University of Leicester
- 1 Leicester City PCT
- 1 Leicester City Council
- 1 De Montfort University
- 1 Leicestershire County Council
- 1 Leicestershire County & Rutland PCT
- 1 Age Concern, Leicestershire and Rutland
- 1 Leicestershire and Rutland Local Medical Committee



medical and dental staff - 1 seat



nurses and midwives - 2 seats



other clinical staff - 1 seat



administrative and support staff - 1 seat

Fire on Ward 8

The fire on Ward 8 at the Royal back in May was devastating - the damage caused by this incident could cost more than £1million and take up to a year to repair.

However, it could have been much worse, but for the actions of the staff who demonstrated their professionalism and expertise by evacuating the ward in less than 11 minutes.

How prepared is your team?

It is a legal requirement that fire risk assessments are completed for appropriate areas, such as wards and admin areas. These must be reviewed monthly by the departmental fire risk assessor and annually in conjunction with the fire safety advisers.

In addition, all staff must be aware of hospital fire procedures and receive annual training (again, this is a legal requirement).

Fire safety training and training for departmental fire risk assessors can be booked through the eUHL clinical passport system.

For more information, contact your fire safety officer:

LRI x7629

LGH x8060

GH x3722



COMMUNICATION IS EASY WITH R.S.V.P.

We are implementing a new patient safety and quality initiative.

Bleep Communication Sheet

Date: _____ Time: _____

Reason State you name and ward State why you are calling about Reference name and DOB State why you are calling	
Story Request for admission Request past medical history Brief outline of treatment to date DASH, CHS, etc.	
Vital Signs HR = _____ Temp = _____ SpO2 = _____ BP = _____ RR = _____ Glucose = _____ Other relevant clinical observations	
Plan I would like to know what you would like to do about What would you like me to do? Why are you calling and when? Is there anything you want me to get ready?	

Name of Nurse making the call: _____
Name of Doctor/nurse responding to call: _____

RSVP HAS BEEN DEVELOPED to promote better communication between staff of all levels and disciplines about deteriorating patients.

RSVP stands for Reason, Story, Vital signs, and Plan. The aim is to provide a brief resumé of the patient to ensure a timely and appropriate clinical response. The benefits of adopting this method

include helping clinicians to prioritise their workloads, giving patients correct treatments in a timely fashion and reducing the need for nursing staff to have to chase for help.

Training on the new communications tool will be offered to both nursing and medical staff, with inclusion on both mandatory and extended training, such as the ALERT course. Each ward will be allocated cascade trainers to facilitate the roll out of this programme, and there will be posters and communications

pads made available to clinical areas to support implementation.

"RSVP will offer clarity to the information necessary for effective patient referrals, breaking down barriers in the different styles of communication. This in turn will improve patient outcomes."

REBECCA HILL
OUTREACH SPECIALIST NURSE

"Ineffective communication among healthcare professionals is one of the leading causes of medical errors and patient harm"

NPSA PUBLICATION ON DEATHS IN ACUTE HOSPITALS, 2007



TREATING OTHERS

DONATION TO HELP MAINTAIN PATIENTS' DIGNITY



We have received £1,000 from the WRVS to help promote and maintain patients' dignity.

THE MONEY FROM THE WRVS has been given to the patient experience team to buy a range of underwear, including ladies briefs, men's underpants, vests, thermal underwear and socks, which can be given to patients when admitted either as an

emergency, as an inpatient on elderly care wards or on discharge.

The initiative came about as part in the National Dignity Day earlier this year to help improve patients' dignity and experience in hospitals.

"When patients are rushed into hospital as an emergency, they may find their clothing has needed to be cut off or may become damaged in some way. They will be given hospital gowns, but these may still leave patients, particularly older patients, feeling exposed."

LARA WEALTHALL - PATIENT EXPERIENCE TEAM

"Are your legs killing you?"



The Circulation Foundation held its second annual Vascular Awareness Week, called 'Are your legs killing you?'

This successful awareness week raised the profile of the dangers of vascular diseases, particularly peripheral arterial disease (PAD) among members of the general public, especially those with diabetes.

PAD is a common problem caused by a variety of reasons such as diabetes, smoking, hypertension, high cholesterol, diet and weight, or it can be a hereditary condition. PAD causes the inside of the

arteries to narrow, and increases the risk of suffering a heart attack or stroke.

Christine Bufton, lead vascular nurse specialist, said: "There was a great deal of interest shown by both staff and visitors in our display at the Royal. Many people took away information for themselves and their families. Increasing awareness of PAD is so important. We will certainly be doing this again next year."

Teenage volunteers brighten hospital grounds

The Royal's Osborne Building was treated to a spot of DIY help from young volunteers from Build.

The youngsters, who have painted the wooden furniture, balconies and surrounding benches before, returned to put the shine back into their work.

Joanne Hyde, matron for cancer, haematology and oncology said: "This makes a huge difference in providing a more comfortable and pleasant setting for our patients and staff to stay and work in. It would be very difficult for us to achieve this without the help of Build."

Build Community Development, formed in 2003, encourages youngsters from black minority ethnic communities to reach their potential and enhance their neighbourhoods.



Zubeda Master, volunteer services administrator for Leicester's Hospitals said: "We really appreciate the young people from 'Build' giving up their free time to brighten up our hospital environment. Their enthusiasm and community spirit in carrying out this work is overwhelming and we thank the group for their efforts on behalf of the Trust."

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GROUND-BREAKING GENETICS RESEARCH

We will be taking part in a ground breaking research project to uncover the genetic changes that cause unexplained developmental disorders in children.

The four year Deciphering Developmental Disorders study is one of the 'most exciting projects that's happening in the world of genetics' said head of service, Dr Pradeep Vasudevan.

Our genetics service was launched in 1982 with one clinic, and has since grown four-fold, seeing more than 1,700 patients each year. Patients and families are referred to the service for genetics counselling if they have a known/suspected genetic condition or family history of known/suspected genetic condition. Clinical genetics is one of the few hospital based sub-specialties which see individuals of all ages. Patient records are kept separately from other hospital records, within family groupings, because of confidentiality.

"Since the 1980s a growing range of conditions have been linked to genetics. This includes hereditary breast and bowel cancers, rare diseases such as Huntingdon's, developmental disorders such as Down's Syndrome, birth defects like cleft lip and palate, genetics conditions affecting eye, heart, bone, blood, skin, brain - in fact, every body system."

DR PRADEEP VASUDEVAN
HEAD OF SERVICE



"Cancer is one of the largest areas, with five per cent of all breast and bowel cancer diagnoses linked to genes. The cancer genetic services aim to reduce the cancer burden in the East Midlands through education on the reduction of cancer risk through the adaption of lifestyle and the development of chemo-preventative agents, advice on early detection and detailed targeted population screening based on molecular genetics to define risk and better treatments through personalised medicine.

"Fetal medicine (or prenatal genetics) is also a large area, where 'at-risk' parents-to-be and their unborn child can be screening for a range of genetic conditions."

Despite the ability to assess risk factors in an ever growing range of conditions, more than 50 per cent of developmental conditions remain genetically undiagnosed. Along with other clinical genetics teams in the country, we are helping to recruit 12,000 children with undiagnosed developmental disorders to try and identify new genetic syndromes. These will be children with a

developmental disorder where there may be no family history, or where genetic screening has failed to identify the condition.

The new project will create a genetic database which will help identify shared genetic patterns, helping to identify new syndromes which can be screened for in the future.

Families taking part in the study will provide a DNA sample (through saliva or blood) from the child and both parents, together with a medical history, answering questions about the child's growth and development. The DNA samples will be analysed using microarray technology and the latest DNA sequencing methods to find any missing fragments of DNA which might explain the disorder.

The service has recently moved to larger premises. The new genetics department on Level 1 of Victoria building includes four new consultation rooms and a separate waiting area for patients, creating a more comfortable environment for the families seen.



TREATING OTHERS

MIRACLE SURGERY HAS CHANGED MY LIFE

Thanks to surgery at the Royal a lady is now able to face the world without taunts and stares.

ANGIE PAYNE, 65, suffers from a condition called Lipodystrophy of the face - an extremely rare illness which affects only one in one million people. The condition means that fat is lost from the face and results in skeletal features.

Angie said: "I was a normal bonny baby but when I reached about five or six the fat just disappeared from my face. I then faced years of bullying and teasing as I

was referred to Mr Graham Offer, consultant plastic surgeon, at the Royal. Mr Offer then carried out fat grafting treatment and literally changed Angie's life.

Mr Offer said: "We sucked fat from her stomach, processed it and then carried a Coleman fat graft, a procedure which reintroduces the fat through small injections. "Angie has had two



"I was a normal bonny baby but when I reached about five or six the fat just disappeared from my face."

ANGIE PAYNE

"The treatment which we offered Angie is life changing and has made an incredible difference to her appearance."



MR GRAHAM OFFER
CONSULTANT PLASTIC SURGEON

looked so different and stood out from the crowd - it did hurt."

Years later, at the age of 62, Angie read an article in a national newspaper talking about Lipodystrophy and this gave her new hope.

Angie added: "My daughter was pregnant at the time and I was worried that my condition might pass to the baby: I needed some answers. None of my family suffer from Lipodystrophy so I spoke to my GP and was referred to hospital for further tests."

After going through various investigations Angie

treatments with me now and they have made such a difference to her appearance. My only sadness is that this procedure was not available 50 years ago."

Since her treatments Angie's life has changed dramatically. She said: "The treatment has made me far more confident. I just wanted to be normal, like everyone else; all I ever wanted were cheeks. People don't stare at me like they used to. My heartfelt thanks go to Mr Offer; he has genuinely changed my life."

Did you know?

Lipodystrophies are disorders of adipose tissue (fat) characterised by selective loss of fat from various parts of the body.

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The best things in life...



SUE COLLINGTON

Service manager for occupational health on balancing clinical and managerial responsibilities, quitting smoking and Take That

I STARTED MY NURSE TRAINING

on 9th May 1981 at Charles Frears as an employee of Leicester Area Health Authority and I lived in and worked at the General for the first 2 years of my training before moving to the Royal to complete it. I then had a brief spell in occupational health in private industry. I have worked for the NHS for 27 years in both coronary care and occupational health. Occupational health is the speciality of nursing and medicine that specifically studies the effects of health on work and work on health. My job as service manager for OH is interesting with no two days being the same. I work clinically as well as managerially and sometimes balancing the two can be a challenge.

What is the best thing about working at Leicester's Hospitals?

The best thing about working here is the range of specialties that each site has, all of which have different work/health needs.

Best health tip?

My health tip is to advise stopping smoking as it is the best thing I ever did - the health and financial benefits were much more than I ever expected.

Best film?

Star Wars - it really was ground breaking in its day with the special effects.

Best track on your ipod?

Anything by Take That.

Best way to relax?

Lying on a beach somewhere warm reading a good book.



Best piece of advice you were ever given?

Get to know your staff so you understand their strengths and weaknesses.

Best way to spend an evening?

Out for a meal with friends.

Best holiday?

Driving a red chevy around the USA.



Best tip for surviving a shift?

Keeping a sense of humour even in the face of adversity.

Best thing in life?

Family and friends.

Take That photo: Sally Bowe, Chevrolet photo: Andrew Beeler, TIE fighter photo: Aksoy



Take That - Gary Barlow



Hold on to our hearts



Have you had your say to help us
KEEP CHILDREN'S HEART SURGERY?



LEICESTER CITY MANAGER SVEN-GORAN ERIKSSON joined our campaign to hold on to our hearts after a recent visit to the centre.

His daughter, Lena, had to have heart surgery in Sweden when she was just four months old. Now 23 years old she has recovered but still receives regular check-ups.

Sven said: "I know from personal experience how very important it is to keep a service like this. My daughter wouldn't have survived without a service like this in Sweden."

"Hearing the stories of the patients really brings home the importance of safeguarding these excellent services not only for families in Leicester but also for the East Midlands and beyond."

How to support us:

Join us at the consultation event with the national review team on Thursday 16 June at Walkers Stadium. Register your attendance: <https://www.eventsforce.net/safeandsustainable>

Complete the consultation feedback form and support 'Option A' http://www.specialisedservices.nhs.uk/safe_sustainable/public-consultation-2011

Text HEART to 85001 free of charge. You will be sent a question about the review: reply saying 'I support Option A'

The children's surgical centre, at Glenfield, faces an uncertain future as a national review into how children with congenital heart conditions will be cared for in the future, aims to close some of the existing centres.

There are four options being considered, each option is a set of hospitals that will continue to provide children's heart surgery. Our centre is only in one option - **OPTION A**.

This means that if one of the other three options goes forward the children's surgical centre at Glenfield would close.

We need you, your family and your friends to have your say during this consultation and show your support for option A, which was rated the highest scoring option overall by the expert review team.

Visual Impairment Awareness Training at Vista



Is your organisation and its information accessible? Since the introduction of the Equality Act 2010 providers of services and employers are legally obliged to make their services accessible to people with disabilities, including people with sight loss. Vista, established in 1858, is dedicated to improving the lives of people with sight loss and can help you and your staff to understand the needs of people living with a visual impairment. We provide a full training programme of Visual Impairment Awareness which will help you to improve the quality of service that you offer to your customers. For a quote or more information call:

0116 249 8819 or email: vitraining@vistablind.org.uk



www.vistablind.org.uk 0116 249 0909 Charity No. 218992

FUNDRAISING latest...



News...

The WRVS

raised £100,000 for the Lord Mayor's Forget-me-not appeal.



Congratulations to our five London Marathon runners

who all successfully finished the race and raised funds! Mark Pinner ran to raise money for the Children & Young People's Cancer Unit, Non-Executive Director Jane Wilson ran for the Forget-me-Not Appeal, Megan Sweeney and Abbie Buckley ran to raise money for the Cupcake Appeal and Gareth Butcher ran for the maternity unit at the General.



Rob Palin,

father of Amber aged 4 (cancer patient, pictured) and the 1485 Tri-Club raised just under £1,300 for the Children & Young People's Cancer Unit on Christmas day by walking around Bosworth water - (they usually swim across every Christmas day but it was frozen this year!)



Laura Isherwood from Barwell

has kindly donated a 4.5kg, 2ft tall Belgian chocolate easter egg as a raffle prize. All proceeds from the raffle, which raised over £200, will go to the Children & Young People's Cancer Unit Appeal. It was won by Graham Nelson in the fracture clinic at the Royal.

The new Tesco Metro

in Evington donated £500 for the Children & Young People's Cancer Unit, and also raised a further £400 in store on Saturday 9th April at a fun day.

Foxtrot

The bi-annual Foxtrot sponsored walk will take place at Ratcliffe College on Sunday 19th June to raise funds for orthopaedic research into hip and knee replacements. For more information and to take part, call Debbie Adlerstein on ext 8531.

Caroline McCann

with the help of family and friends has raised £3800 through various fundraisers in memory of her daughter Leanne Jade McCann, who died of ovarian cancer aged 19. This money will be donated to the Children & Young People's Cancer Unit.



Asda

generously donated chocolate Easter eggs for children attending the emergency department over Easter, as something rewarding for their visit. Alex Warner, a recent patient is pictured being presented with an easter egg by Martin, from Asda's Charity Forum.



UHL Staff Lottery, run by Leicester Hospitals Charity, launched a quarterly Super Prize Draw.

In addition to the normal weekly prizes, this March lottery members were in with a chance to win a brand new '11 plate car for just a £1.00!

The lucky winner of the brand new Ford Ka was Patrick Reilly, a porter based at Glenfield.

Patrick admitted that at first he thought

SPRING SUPER DRAW

the phone call was a joke! He celebrated his 60th birthday the Friday before, so this was a perfect late present for him. Patrick picked up the keys for his new car on 15th April from Sandcliffe Ford, who kindly supplied the car, and drove it away that day.

Congratulations to Patrick!

WINNER!



CELEBRATING NURSING CARE PROGRAMME

The third **Releasing Time to Care (RT2C)** conference was held to share and celebrate the achievements of wards on the programme.

This event attracted the largest attendance of all the RT2C conferences with almost 200 people joining the RT2C team, including staff currently on the programme, those not yet taking part, as well as delegates from other hospitals.

The programme was supported by a wide range of staff including housekeepers, health care assistants, nurses, allied health professionals, matrons, heads of nursing as well as directors and executive sponsors.

Maria McAuley, programme leader, said: "The conference was an opportunity to showcase the work carried out by wards across all six phases of the programme; this meant we were able to see the benefits across the modules from those who have only just begun the programme to those who have been implementing it since 2009."

The chemotherapy suite started the conference with their story since they began the programme 13 weeks ago.

This was followed later by

ward 15 at Glenfield, who began this programme in June 2009, who got the audience involved in their presentation.

Staff had the chance to show off their creativity with a posters competition, judged by patient advisors Jenny Wells and David Allen. First place was awarded to ward 1 at the Royal for an exciting poster display depicting their complete RT2C journey. Suzanne Hinchliffe, chief nurse, awarded winners with their prizes, kindly donated by Visual Systems.

Comments from the conference:

"Excellent, from start to finish"

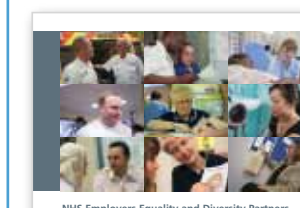
"Very Motivating"

"Inspiring"

"Fantastic to see how hard staff have worked"



PROFESSOR CAROL BAXTER PRAISED THE WORK OF UNIVERSITY HOSPITALS OF LEICESTER NHS TRUST



"I am delighted that the University Hospitals of Leicester NHS Trust has successfully completed the NHS Employers' Equality and Diversity Partners programme for 2010/11.

This programme supports trusts to embed good equality and diversity practice into their day to day business. "This trust has shown great leadership and innovation in this area over the past year. Not only working hard to promote good practice internally, but also at a regional and national level to

share that good work with others. This is a credit to the board and the staff involved in this work at a time of considerable change for the NHS."

Professor Carol Baxter, Head of Equality and Diversity for the NHS Employers' organisation

"This trust has shown great leadership and innovation in equality and diversity practice over the past year..."

Gone but not forgotten...



LINDA GRUNDY worked at Glenfield, first as a domestic assistant and later in the linen department. Linda died suddenly on the

25th March this year, just days after her 45th birthday.

She leaves behind her husband Phil, sons Ben, Liam, John and Bradley, her father and two brothers.

Staff at Glenfield made donations in Linda's memory. This money was handed to the family who have expressed a wish for it to go to the British Heart Foundation and The Laura Centre in Leicester.

Linda's sunny smile and sense of fun will be missed by her many friends and colleagues.

TREATING OTHERS

STEM TRANSPLANTATION AWARENESS

After a Jewish patient on the haematology ward needed a stem cell transplant, **Mike Gibby**, haematology nurse, spotted an opportunity to raise awareness of stem cell transplantation among the Jewish community and encourage donors to step forward.

Mike, who is also a member of the local reform Jewish community, made an information appeal among its members.

To his great surprise, this resulted in generous donations totalling £758 being presented to the Anthony Nolan Trust.

A clinic for members of the Jewish community to give a simple sputum sample as a precursor to testing

for bone marrow donation was also held by Mike, with Jenny Rogers, leukaemia specialist nurse. Mike said:

"We see this as a doorway to speaking with other ethnic minority groups in Leicester, and hope to do something similar in the future."



OT TRAINING DAY

Occupational therapists from trusts around the country joined our OTs for a training day for occupational therapy on best practice within the acute sector.

Six occupational therapists, led by OT team leader, **Helen Sheard**, developed the idea after they struggled to find suitable training for OT staff not in 'specialist' services and found a gap in the training market.

The one-day course was held at the General and included OTs, from students through to managers, and from trusts across the country.

The event covered the challenges facing OTs in acute care, identified relevant recent policy drivers which apply to

allied health professionals in the acute sector and talked more in-depth about current ways that OTs are helping to reduce unnecessary admissions in A&E, AMU and working alongside the Acute Frailty Unit and Emergency Frailty Unit. The event also looked at palliative care in the acute setting, delivered by a MacMillan specialist OT, and dementia and the Mental Capacity Act. Delegates heard about the role of the OT in the General's falls clinic, and in the prevention of falls, practical

interventions that can be carried out on the wards to increase alcohol awareness and changes to the OT documentation process that have had a positive effect on clinical workload and the profile of OTs in medicine.

Chris Bowden, senior occupational therapist said: "The event generated a great deal of constructive discussion throughout the day, and increased network opportunities for the delegates. Initial feedback received has been very

positive, with several suggestions of topics for the next event. As well as being a great experience for the speakers and delegates, it has helped put us on the OT map by sharing some of our innovative developments."

...the event talked in-depth about current ways that OTs are helping to reduce unnecessary admissions in A&E.

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Friday 25th November 2011

Lady Gaga Tribute Show & Disco - £35.00 per person

Saturday 26th November 2011

Take That (Want you Back) Tribute Show & Disco - £40.00 per person

Saturday 3rd December 2011

Lee Perry is a Tribute to Michael Buble Tribute Show & Disco - £29.00 per person

Saturday 17th December 2011

Grease is the Word Tribute Show & Disco - £45.00 per person

Wednesday 21st December 2011

Michael Jackson Tribute Show & Disco - £39.00 per person

Thursday 22nd December 2011

90's/00's Night with Disco - £39.00 per person

(Later Dinner Time of 9:00pm)

FRIDAY NIGHT IS 70'S DOUBLE BILL NIGHT

Abba/Bee Gees Tribute Act and Disco - £45.00 per person on the following dates:

Friday 2nd December 2011

Friday 9th December 2011

DECADES DINNER DISCOS

Saturday 3rd December 2011 - £37.00 per person

Friday 9th December 2011 - £37.00 per person

Saturday 10th December 2011 - £37.00 per person

Friday 16th December 2011 - £37.00 per person

Saturday 17th December 2011 - £37.00 per person

Wednesday 21st December 2011 - £25.00 per person

Thursday 22nd December 2011 - £25.00 per person

**All parties include 3 course festive menu and coffee - Optional fancy dress
Book a table of 10 people before 31st July and 1 place goes free!**

Quote: Merc - UHL when booking.

To book, please contact:

Conference & Events Sales Executive, Hilton Leicester, Junction 21 Approach, Near Fosse Park, Leicester, LE19 1WQ.

Tel: 0116 263 4574 (Direct Line) • email: events.leicester@hilton.com

www.hilton.co.uk/leicester



LIBRARY SUCCESS!

A national award for innovative projects has chosen our libraries as runners up for their 'link everything' project. The project, which was the idea of [Andrew Dove](#), deputy librarian at the General, has been implemented to the benefit of UHL staff.

Our libraries identified that it is not always clear to their library users whether or not articles are readily available to them.

The solution, "link everything" project means that the articles

on databases now signpost users to print holdings or to the fact that articles can be requested if necessary. This shows the breadth of information that our libraries can offer us, and was something that impressed the judging panel.

The project may now be copied by NHS library services across the country.

Andrew Dove, said, "We are very pleased to have been recognised,

amongst so many other strong entries it was a great surprise to be awarded runners up!"

The project may now be copied by NHS library services across the country



40 YEARS of service

Julia Martin, children's gastroenterology specialist nurse is retiring after 40 years of service to the NHS.

Julia started her career as a probation nurse and having spent a short spell in Peterborough she went on to

become a ward sister on Odames ward. She then became an adult stoma care nurse and converted to children's nursing in order to develop her already considerable skills in paediatric stoma care and gastroenterology.



Julia will be sadly missed by her colleagues and the families she has worked with, but will no doubt thoroughly enjoy her retirement - finally having some time for herself!

BAGS SEE EQUIPMENT IN USE

Birstall fundraising group BAGs got to see its latest donation in action when members of the group visited Glenfield.

THE GROUP DONATED A BLADDER SCANNER TO OUR HOSPITALS AFTER RAISING MORE THAN £5,000.

Founded in 1998 by breast cancer patient Clare Wells, Birstall Breast Awareness Group (BAGs) is a local fundraising group that originally focused on raising money to support local Breast Cancer services. To reflect the interest and support of the local Birstall community, Birstall BAGs now seeks

to be inclusive of all cancers. Clare sadly died in 2003, but the group has continued to raise funds, supporting our hospitals and other local cancer support charities.

Liz Darlinson, one of its founder members, said: "Birstall BAGs is a real community based fundraising group, we really do feel we have the whole

village behind us. We work hard to organise events that bring local people of all ages together for a common good. BAGs supporters should feel very proud of what has been achieved, thank you all so much."

The group is now fundraising to help refurbish the new cancer information centre at the Royal.



COMPETITION

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One lucky reader could win a voucher entitling them to a meal for two (burger, side order and drink) at the handmade burger Co in Leicester.

To be in with a chance of winning simply tell us... What is our fundraising target for the Children and Young People's Cancer Unit?

Send your answer, name and internal address to trusttalk@uhl-tr.nhs.uk by Friday 1st July 2011.

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