

Rapid Access Chest Pain Clinic Patient Information Sheet

University Hospitals of Leicester NHS Trust
Glenfield Hospital, Groby Road, Glenfield, Leicester, LE3 9QP
Direct Dial: 0116 256 3084 Fax Number: 0116 250 2653

You have been referred by your doctor to the Rapid Access Chest Pain Clinic which is held at Glenfield Hospital situated in the Out-Patients Department, Clinic D. Please bring a sample of urine and a list of your current medication (tablets) with you.

Why have I been referred?

The aim of the service is to promote a Rapid assessment of the possible cause of your chest pain. Chest pain coming from the heart is sometimes serious. You have been referred to the Clinic because your doctor thinks your chest pain may be related to your heart and would like the opinion of a doctor who specialises in heart disease (Cardiologist).

What will happen at the clinic?

Please go to the registration desk so that we can book in your details. You will then have an ECG (electrocardiogram) which is a heart trace. You will be examined by a Doctor where your medical history will be discussed.

Following this if it is appropriate you **may** need to have the following tests:

- An **Exercise ECG** test which involves walking on a treadmill at increasing speed and levels while your pulse, blood pressure and heart trace is monitored by a qualified cardiac technician.

For this test please wear loose clothing, with an easily removable top - no high heels or sling back shoes (trainers would be ideal)

- **X-ray and Blood Test**

What else will happen at the clinic?

Before you leave the clinic you will be told the results of your tests. If the doctor feels it is necessary, you may be asked to come back for review to the outpatients department and maybe for more investigations (tests). A letter will be sent to your doctor containing all the information from your visit – what has been done, your diagnosis and plans for future care. You will also be seen by a nurse who works in the clinic who will be able to discuss your condition with you.

How long will I be in the outpatient department for?

Your visit may entail a whole morning or afternoon (up to 4 hours). This will depend on the number of tests that you may need. However you will benefit from having all of the relevant tests being carried out in one visit.

If you have any questions before your appointment then please feel free to call us on 0116 256 3713 if the telephone answer machine is switched on then please leave your name and number and we will get back to you.

You are able to drink and eat normally before your appointment.

We look forward to meeting you