

Dabigatran for stroke prevention in adult patients

What is it used for?

Dabigatran is used to prevent strokes and the formation of clots in adults who have an abnormal heart beat called 'non-valvular atrial fibrillation' and are considered to be at risk of stroke.

How the medicine works

Dabigatran is an anticoagulant medicine that helps to prevent blood from clotting. It does this by interfering with a substance in the body called thrombin that is involved in the development of blood clots.

How and when you should take your medicine

Dabigatran should be swallowed whole with water at the same time of day, twice a day. It can be taken with or without food and there are no specific foods or drinks that you need to avoid.

If you miss a dose and it is more than 6 hours until the next dose, take dabigatran as soon as you remember. If it is less than 6 hours until the next dose, you should wait and take dabigatran at the time when you would normally take this medicine.

Possible side effects

The most common side effect of dabigatran is bleeding. This can occur inside or outside the body and vary in severity. Seek urgent medical attention if major bleeding occurs or if you fall or injure yourself, especially if you hit your head.

Other common side effects include indigestion, nausea and stomach pain. Consult your doctor if any of these become troublesome.

Other information

Always tell your healthcare provider if you need to have surgery or an invasive procedure. Also check if you are prescribed medicines that may affect dabigatran such as those used to treat abnormal heart rhythms, epilepsy, fungal, viral or bacterial infections or autoimmune disorders and also medicines that can increase the risk of bleeding such as anti-inflammatory drugs and some anti-depressants.

You should not take other anticoagulants (medicines to prevent blood clotting) with dabigatran except during a period where your treatment is being switched to or from dabigatran.

Always carry your patient alert card with you at all times.

Contact details

If you have any questions or need further information contact the anticoagulation nurses on 0116 258 5069 1030-1530hrs. Monday– Friday except Bank Holidays.

General Information about your medicines

- Medicines are an important part of your treatment.
- Each medicine has been individually prescribed for you and it is important that you take your medicine as you have been asked.
- To avoid any problems, please do not stop or change any medicine without telling your doctor first.
- *If you feel that any problems you are having are possibly caused by your medicines, inform your doctor or pharmacist as soon as possible.*
- Remember to contact your doctor before your prescription has run out to obtain further supplies.
- Please return any unused medicines that are no longer needed to a pharmacy for safe disposal.
- If you have any questions about your medicines please do not hesitate to contact your doctor, pharmacist or nurse.

Further information

This leaflet outlines essential information that you need if you have been prescribed this medicine. It outlines common side effects and also symptoms of serious side effects that require urgent medical attention. It does not list all side effects reported for this medicine and we recommend that you also read the package insert that is supplied with your medicine for a full list of side effects and drug interactions. The following websites are also useful:

www.medicines.org.uk/guides and www.nhs.uk

If you would like to leave feedback about this information leaflet please email:

your.medicines@uhl-tr.nhs.uk

If you would like this information in another language or format, please contact the Service Equality Manager on 0116 258 8295

إذا كنت ترغب في الحصول على هذه المعلومات في شكل أو لغة أخرى ، يرجى الاتصال
مع مدير الخدمة للمساواة في 0116 250 2959.

আপনি যদি এই লিফলেটের অনুবাদ - লিখিত বা অডিও টেপ'এ চান, তাহলে অনুগ্রহ করে সার্ভিস
ইকুয়ালিটি ম্যানেজার ডেভ বেকার'এর সাথে 0116 250 2959 নাম্বারে যোগাযোগ করুন।

如果您想用另一种语言或格式来显示本资讯，请致电 0116 250 2959
联系“服务平等化经理” (Service Equality Manager)。

જો તમને આ પત્રકમાં લેખિત અથવા ટેપ ઉપર ભાષાંતર જોઈતું હોય તો
મહેરબાની કરી સર્વિસ ઈકુઅલિટી મેનેજરનો 0116 250 2959 ઉપર સંપર્ક કરો.

यदि आप को इस लीफलेट का लिखती या टेप पर अनुवाद चाहिए तो कृपया
डेव बेकर, सर्विस ईक़ुअलिटी मैनेजर से 0116 250 2959 पर सम्पर्क कीजिए।

Jeżeli chciałby Państwo otrzymać niniejsze informacje w tłumaczeniu na inny język
lub w innym formacie, prosimy skontaktować się z Menedżerem ds. równości w
dostępności usług (Service Equality Manager) pod numerem telefonu 0116 250 2959.

ਜੇਕਰ ਤੁਹਾਨੂੰ ਇਸ ਲੀਫਲੈਟ ਦਾ ਲਿਖਤੀ ਜਾਂ ਟੇਪ ਰੀਡਾ ਅਨੁਵਾਦ ਚਾਹੀਦਾ ਹੋਵੇ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਡੇਵ ਬੇਕਰ, ਸਰਵਿਸ
ਇਕੁਅਲਿਟੀ ਮੈਨੇਜਰ ਨਾਲ 0116 250 2959 'ਤੇ ਸੰਪਰਕ ਕਰੋ।

Ak by ste chceli dostať túto informáciu v inom jazyku, alebo formáte, kontaktujte
prosím manažéra rovnosti služieb na tel. číslo 0116 250 2959.

Haddaad rabto warqadan oo turjuman oo ku duuban cajalad ama qoraal ah
fadlan la xiriir, Maamulaha Adeegga Sinaanta 0116 250 2959.

