

## Contraceptive and GUM Services

### Main

|   |  |
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| St Peter's,<br>Sparkenhoe Street,<br>Leicester, LE2 0TA | Loughborough<br>Health Centre,<br>Pinfold Gate,<br>Loughborough,<br>LE11 1DQ |
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### Local – City

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| Saffron Practice,<br>509 Saffron Lane,<br>Leicester                | De Montfort<br>Surgery, 100 Mill<br>Lane, Leicester            |
| Victoria Park<br>Practice, 203<br>Victoria Park Road,<br>Leicester | Merridale Medical<br>Centre, 5, Fullhurst<br>Avenue, Leicester |
| Westcotes Health<br>Centre, Leicester                              | Belgrave Health<br>Centre, Leicester                           |
| Beaumont Leys<br>Health Centre,<br>Leicester                       | Charles Berry<br>House, East Bond<br>Street, Leicester         |
| The Hedges, Pasley<br>Road, Leicester                              |  |

### Local – County

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| Coalville<br>Community<br>Hospital   | Melton Mowbray,<br>St. Mary's Hospital |
| Hinckley Health<br>Centre            | Market Harborough<br>District Hospital |
| Oakham, Rutland<br>Memorial Hospital |  |

### New and First Time Service Users

New patients must arrive at least 30 minutes before the end of a clinic to allow time for registration. At registration some basic information about you will be requested, including your postcode. No identifiable information is used by the clinic without permission. You may be asked for a urine sample when attending the Sexual Health Clinics, please do not urinate for an hour before attending a clinic.

### Contraceptive and GUM Services

Offering Free and Confidential specialised sexual health contraceptive and GUM services with a choice of walk in or appointment.

Staffordshire and  
Stoke on Trent Partnership  
NHS Trust



## For your nearest clinic and opening times

[www.leicestersexualhealth.nhs.uk](http://www.leicestersexualhealth.nhs.uk)

[www.staffordshireandstokeontrent.nhs.uk](http://www.staffordshireandstokeontrent.nhs.uk)

**Freephone 0800 318 908**

**From the 1st January 2014  
Staffordshire and Stoke  
on Trent Partnership NHS  
Trust will be providing  
sexual health services to  
the people of Leicester,  
Leicestershire and Rutland.**

All your sexual health needs will be met in one visit and a broader choice of appointments at a time convenient to you will be available.

# YOUR SEXUAL HEALTH SERVICE IS CHANGING

**A Genito-Urinary Medicine (sexual health) service will no longer be delivered from the Leicester Royal Infirmary or Loughborough Hospital but will be available at St Peter's Health Centre, Leicester and Loughborough Health Centre, Pinfold Gate, Loughborough (the old walk-in centre). There will also be a number of other sites where you can access services.**

## Choices

Choices is a free, confidential and friendly service, staffed by a team of nurses and found across Leicester City Centre for young people aged 24 and under.

The service offers:

- Testing and treatment for sexual infections
- Contraceptive pills
- Contraceptive injection
- Contraceptive implant
- Emergency contraceptive pill (morning after pill)
- FREE pregnancy testing, and referral for abortion (or to a midwife)
- FREE condoms
- For more information visit <http://www.choices-leics.org.uk/Default.aspx>

## Chlamydia Screening

A free, confidential Chlamydia testing service for 15 - 24 year olds in Leicester, Leicestershire and Rutland.

Chlamydia is the most common sexually transmitted infection in young people. Without a test you probably wouldn't know if you had it - there are usually no visible symptoms. It's easy to treat but left untreated it can cause long term problems.

To get tested visit:

- Local doctor's surgeries
- Contraceptive or GUM Services
- Choices
- Any local outreach events
- Free home testing kits are available at [www.fillthepot.info](http://www.fillthepot.info)

## Safer Sex Project

A free confidential and accessible young people - friendly service in line with Department of Health 'You're Welcome' quality criteria for 14-19 year olds across Leicester City. The service is available from schools, colleges, youth centres and other young people settings. For your nearest site visit <http://love-life-uk.co.uk/>

## Psychosexual Counselling

A specialist psychosexual counselling service for clients aged 16 and over who are referred by their GP for the management of the following psychosexual conditions:

- Lack/Loss of libido
- Non-consummation
- Orgasm problems
- Vaginismus

- Dyspareunia
- Erectile dysfunction, ejaculatory problems and other penile problems such as pain and anxiety

## Domiciliary Services

A specialist domiciliary contraception service is available for those who may find it difficult to access a GP practice or sexual health clinic for contraception advice and/or treatment. For example, those with a severe physical or learning disability, vulnerable young people in care or leaving care, teenage parents. If you wish to find out more information or would like to book a visit call [0800 318 908](tel:0800318908) or visit [www.leicestersexualhealth.nhs.uk](http://www.leicestersexualhealth.nhs.uk)

## Sexual Health and Contraceptive Clinics (Shacc)

Shacc is an integrated, networked, NHS sexual health service in Leicester providing contraception and early pregnancy advice as well as investigation and treatment for sexually transmitted infections from GP practices. Appointments take place at ordinary surgeries which will help to preserve your confidentiality. For your nearest Shacc practice contact [0800 318 908](tel:0800318908).

**For your nearest clinic and opening times**

[www.leicestersexualhealth.nhs.uk](http://www.leicestersexualhealth.nhs.uk)  
[www.staffordshireandstokeontrent.nhs.uk](http://www.staffordshireandstokeontrent.nhs.uk)  
Freephone 0800 318 908