



GP Newsletter



Guide to requesting STI screening

During early 2014 there will be a modification to the requesting of STI screens on ICE. Below is a guide to modification plus a reminder of the types of collection kits.



Investigation	Specimen site	Type of swab/sample	Image of swab/collection kit	Proposed ICE request code
Traditional culture				
Candida species	High vaginal swab	Charcoal transport medium swab		Under the micro/virology top tab and then bacteriology side tab, select High vaginal swab
Trichomonas vaginalis				
Gardenerella				
Neisseria gonorrhoeae – Bacterial culture	Endocervical swab			Under micro/virology top tab and then bacteriology side tab, select Endocervical swab
Nucleic Acid Amplification tests (NAATs)				
Chlamydia ONLY	Neat urine, endocervical swab, urethral swab, self-collected vaginal swab	BD Collection Kit or sterile urine in a sterile universal		Under micro/virology top tab and the virology side tab, then Chlamydia Detection swab or urine
Chlamydia AND Neisseria gonorrhoeae (N.gonorrhoeae as a single test is not available)				Under micro/virology top tab and then the virology side tab, select Chlamydia and GC Detection swab or urine

- The Triple swab option is to be removed. Individual sample types will need to be selected.
- Screening will only need 2 samples, one endocervical swab (or urine) for chlamydia and GC screening and one High vaginal swab (HVS) for bacteriology (excluding GC).
- Clinical details that include discharge or candida are routinely tested for T.vaginalis, G.vaginalis AND Candida species from the one HVS swab.
- If the patient is high risk for GC or symptomatic with GC-like symptoms, an additional 'endocervical swab for GC culture' request can be made but this will require an additional charcoal swab; if positive, antibiotic sensitivity testing can be performed from the resulting culture.
- HVS swabs are UNSUITABLE for the investigation of N.gonorrhoeae.

For further details:

Contact Daxa Patel, Team Leader
Virology, Serology and Molecular
Diagnostics, Clinical Microbiology
Empath Pathology Services
University Hospitals of Leicester
NHS Trust

Tel: 0300 303 1573 ext 6522
or: 0116 258 6508

Email: daxa.patel@uhl-tr.nhs.uk

What to do when Anglia ice is down?

As the number of surgeries using electronic requesting increases it is important that you have a contingency plan in place in the event that Electronic requesting is not available.

In order for us to continue to provide a service with minimal disruption please follow the guidelines below.

- **Order a small supply of request forms to be kept at your surgery.**

These forms are available to order on the standard 'General practitioner order form' under the section marked 'report forms' these forms are available by emailing: pathology.stores@uhl-tr.nhs.uk or by calling 0116 258 6597

- **In the event that electronic requesting is unavailable please use these forms to request blood tests and other pathology requests.**

For example, when making chemistry and haematology requests use a **W19 form**. You must ensure that all the sections are completed in legible hand writing

and full details of the requesting location and clinician are included

- **Be aware that we rely heavily on electronic requesting to process the work each day** because it is much quicker than the hand written forms.

In the event that electronic requesting is unavailable we may have to prioritise urgent patient requests and routine samples may be delayed and therefore unsuitable for analysis.

The image shows a sample of a W19 form. It is a 'COMBINED HAEMATOLOGY / CHEMICAL PATHOLOGY LABORATORY' form. It includes sections for 'REQUESTING LOCATION', 'PATIENT DETAILS', 'TESTS REQUIRED', and 'CLINICAL DETAILS'. The form is designed for use when electronic requesting is unavailable.

W19 form

For further information please contact:

Paul Staples, Team leader

Specimen reception

Tel: 0116 258 6570

Email: paul.staples@uhl-tr.nhs.uk

NEEDLESS DANGER!

Over the past six months, Pathology Specimen reception has noticed a worrying trend of used needles, and other items being received in the coloured bags used by GP surgeries to send samples in.



This endangers staff at your surgery, drivers that pick up the samples, and the staff that are responsible for opening the bags upon receipt and preparing the samples for analysis.

Please be very careful when packing the coloured bags to ensure that NO used needles, soiled clinical waste, or other inappropriate items are included.

Thank you for your cooperation

For further information please contact:

Paul Staples, Team leader

Specimen reception Tel: 0116 258 6570

Email: paul.staples@uhl-tr.nhs.uk



Leicester Hepatobiliary Unit

Find out more about our services:

Who are we?

The Hepato-Pancreato-Biliary Unit in Leicester comprises of six surgeons, three clinical nurse specialists and one research nurse.

We cover a catchment area of over 2 million.

What do we do?

We manage over 1000 cases of pancreatic, duodenal, liver, adrenal and gallbladder cancer and perform over 100 liver resections and 50 pancreatic explorations annually, with a mortality rate of less than 1%.

The HPB Unit also completed over 1,000 ERCPs & over 500 of the 600 cholecystectomies undertaken in Leicester in 2013.

HPB Consultants

Mr Ashley Dennison MD, FRCS

Mr Giuseppe Garcea MD, FRCS

Mr David Lloyd MD, FRCS

Mr Deep J. Malde MD, FRCS

Mr Matthew Metcalfe MD, FRCS

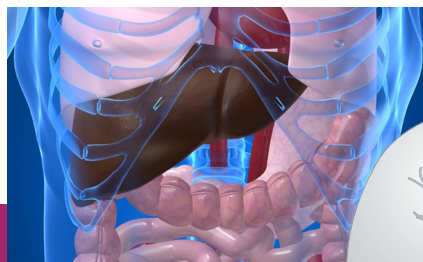
Mr Gavin Robertson MD, FRCS



Liver, Gallbladder, Bile duct,
Spleen, Duodenum & Pancreas

Next month:

News regarding the
start of the **Pancreatic
Cancer Patient Support
Group**



What can we do for You?

We are keen to improve our engagement with primary care in Leicestershire by giving talks on HPB topics and setting up "choose and book advice clinics".

For further information or feedback on how we can improve our service please contact: Giuseppe Garcea or Deep Malde at giuseppe.garcea@uhl-tr.nhs.uk or deep.j.malde@uhl-tr.nhs.uk

Using an iPhone to take pictures with a Dermoscope

If you have a Dermoscope and you would like to take photographs with it, why not do what UHL Dermatology Consultant Dr John Mckenna does and use an iPhone attachment?

A very convenient attachment is available to connect the iPhone 4/ 4S to any of the dermlite range of dermatoscopes. It costs £45 and is available online in the UK from Schuco: www.schuco.co.uk/dermlite-connection-kit-for-iphone-4.html

Dr John Mckenna, Dermatology Consultant at UHL has been using it for a couple of years and highly recommends it. He says: "If you have an iPhone 4 or 4S, then this device can replace any additional protective case you may have. A small 28mm adapter ring supplied with the case is used to securely attach the dermatoscope to the iPhone. The iPhone camera is more than capable of recording excellent dermoscopy images using this device.

You can then choose to securely store the image for future follow up or include it in a referral by email or attaché to CaB Advice & Guidance."



Consultant update

Starters

Dr Gerald Saldanha
Pathology

Dr Harjinder Singh
Sports Medicine

Leavers

Dr Raghuram
Cardiology

Dr Adrian Willis
Neurology

Dr Timothy Petterson
Care of Older People

Schuco: www.schuco.co.uk/dermlite-connection-kit-for-iphone-4.html



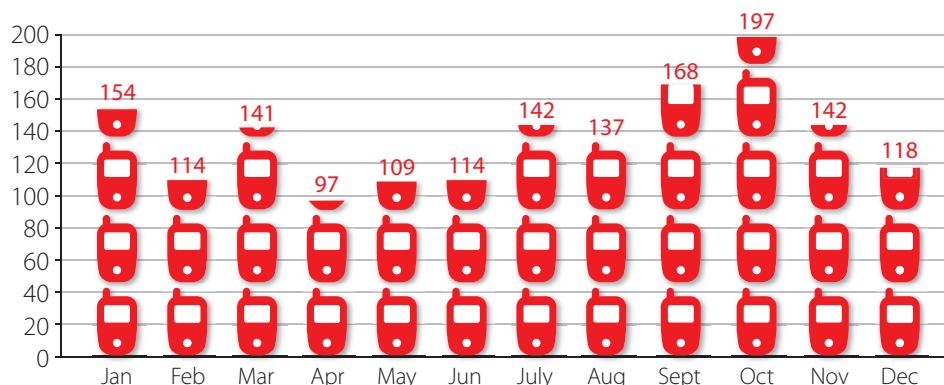
GP hotline

Tel: 0116 258 4858

Highlight report January 2014

Since the GP hotline was launched in May 2012, it has received the following number of calls:

Total number of calls

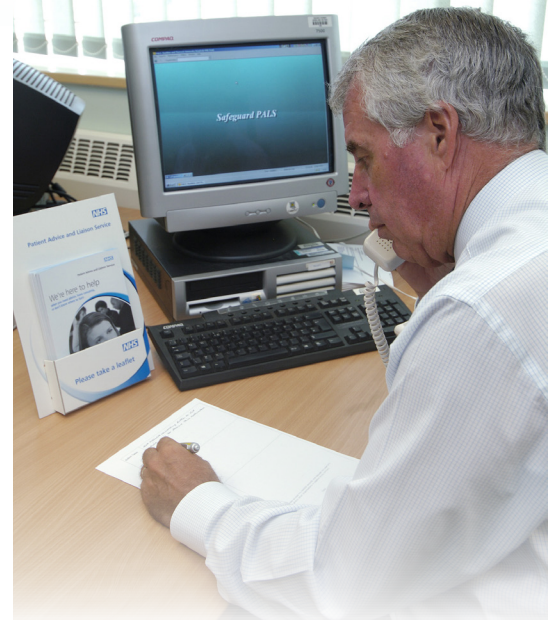


Here are three examples of the types of calls received by the GP hotline this month:

'Asking for advice about a 54 year old lady with Prinzmetals Angina, symptoms only come on few times a year, she is not currently on any blood thinning agent - would like advice re aspirin / clopidogrel (pt has reflux).'

'I would just like some information on when it is appropriate to refer a patient with chronic urticaria as I have tried all of the antihistamines at my disposal and the patient is still not improving. Oral steroids are effective but are not a long term solution for her. She is postpartum. I wonder if she ought to be seen in dermatology clinic, or if you have something else that I can do in the community to avoid referral'

'This pt presented clinically with left sided renal colic - severe loin pain however urine dip was negative for blood, I organised a non contrast CT which has surprisingly revealed an atrophic kidney left side of 6.5 with compensatory hypertrophy of right side. I am not sure of the significance of this. U & Es are: Sodium: 142; Potassium: 5.0; Urea Level: 5.1; Creatinine: 96; eGFR: 87 Does anything need to be done about this?'

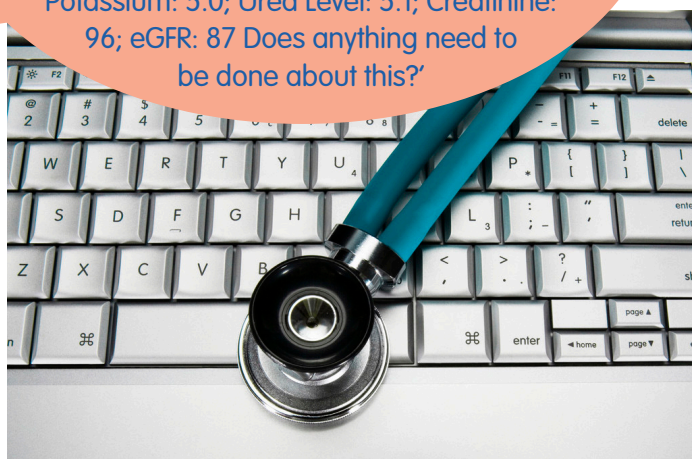
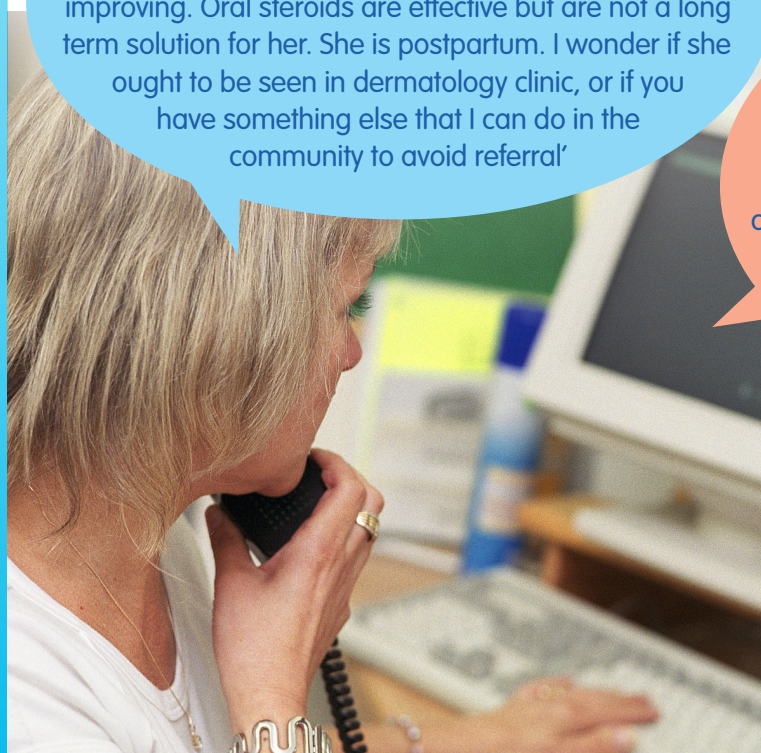


GP hotline **online**

You can email requests to the GP hotline through our website. Your request will be actioned in real time between the hours of 9am - 6pm Monday to Friday.

The online form can be online at:
www.leicestershospitals.nhs.uk/professionals/gp-hotline-online-request-for-help/

Alternatively, you can ring the GP hotline on **0116 258 48 58** and press option 2.



Calendar of forthcoming GP education

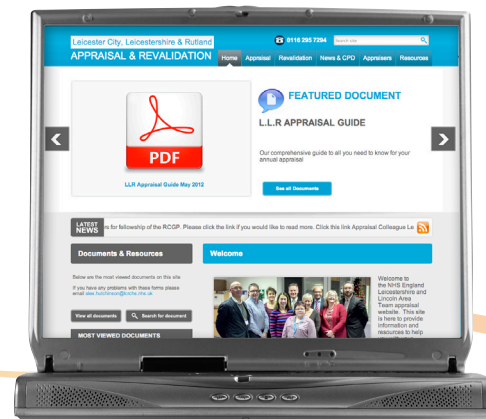
GP education and evidence of our learning has never been at a more important stage. Here in Leicestershire we are working together as providers of GP education to support a good range of quality learning events. Through collaborative work we have created a new

web page that should provide you with all the information you will need for your appraisal and revalidation, plus a CPD calendar for the upcoming year.

www.llrappraisal.co.uk

Dr Leslie Borrill

Locality Clinical Lead, GP Beaumont Leys



GP Education

For further information about our GP educational events programme, please visit:

www.leicestershospitals.nhs.uk/professionals/gp-education/

Forthcoming GP education events:

MSC Endocrinology module

For further information please see:
www2.le.ac.uk/departments/health-sciences/PG/pgt/diabetes

The dates for the next module are:

10, 11, 12 February 2014

Thursday 10 April 2014

Joint Injection course

Saturday 1 February 2014 or 7 June 2014

"What to inject, what not to inject and how to inject"

Leicester General Hospital

To book a place please contact:
Nichola Coleman on 0116 256 3016
Nichola.coleman@uhl-tr.nhs.uk

For further information about our GP educational programme, please visit:
www.leicestershospitals.nhs.uk/professionals/gp-education/

GP events attended by UHL consultants:

Wednesday 15 January 2014

LC CCG Protected learning Time – King Power Stadium

Dr A Swann – Antibiotic Guidelines and Clostridium Difficile Infection

Diabetes Update meeting

Thursday 27 February
12.15pm with a hot buffet.

Wigston Stage Hotel,
Wigston, Leicester.

The programme will
commence at 13.00.

The agenda will include a
talk from Dr Ian Lawrence
on 'Hot Topics' and several
specialist talks.

Reservations for a free place
should be sent to:
eden@uhl-tr.nhs.uk

Please let us know the following:

- Attendee name(s)
- Title
- Practice code if applicable
- Surgery name and address (if applicable)

We will confirm the booking
by return and a full agenda will
follow.

Podcasts

The HIS firewall currently prevents practices from accessing Vimeo videos, which our Podcasts are. We are in conversation with HIS to find a solution to this issue. In the mean time, our Podcasts can be viewed from the comfort of your own home!

To watch the podcast and to download (print/save) your CPD reflection form and certificate please click here:

www.leicestershospitals.nhs.uk/professionals/gp-video-based-education/

Please contact Liz Sahu with suggestions for future podcasts.



And finally...

For general information such as referring to us, GP education and previous editions of the GP newsletter, you can find it all (home or at work) by clicking here:

www.leicestershospitals.nhs.uk/professionals/



If you would like more information about any articles in the newsletter or have suggestions for future editions, please do get in touch.

Liz Sahu

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