

GP Newsletter



Welcome to the June edition of the GP Newsletter

Immunology User Handbook now online!

The Department of Immunology (based at Leicester Royal Infirmary) is pleased to announce its user Handbook is now available on the EMPATH website

Immunology covers autoimmunity, allergy, immunochemistry, immunodeficiency, leukaemia and lymphoma immunophenotyping. To access the Handbook, click on the following link:

www.empath.nhs.uk/departments-and-services/service-handbooks/

The Handbook provides specific information for each of our tests including:

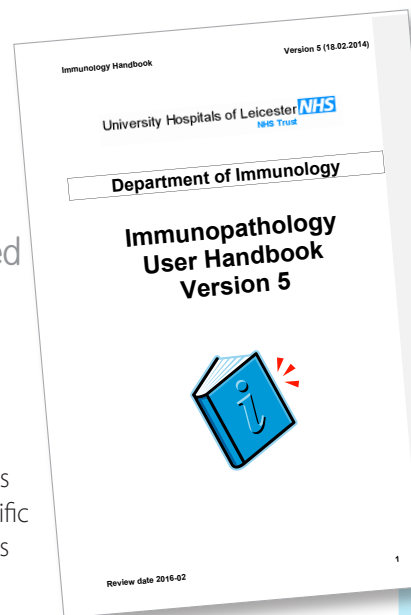
- Sample requirements (volume of blood, sample type)
- ICE/ICM name
- Result turnaround time
- When the lab performs the test
- Frequency of testing in individuals
- Indications for testing
- Reference ranges

We receive a high volume of calls from users asking about sample requirements for specific tests. The time spent answering user queries takes our staff away from preparing and processing the samples. Having easy online access to this information could help to address this issue so please refer to the Handbook in the first instance. It is a resource designed with the user in mind and we welcome any comments/feedback you may have about the Handbook in order to improve our service.

Dan Payne daniel.payne@uhl-tr.nhs.uk

Steve Walker stephen.walker@uhl-tr.nhs.uk

0116 258 6709/6710



DAFNE courses for People with Type 1 Diabetes

DAFNE (Dose Adjustment For Normal Eating) is a structured education programme for people with type 1 diabetes.

The UHL team have been running DAFNE courses since 2002 with 14-16 courses planned for 2014. Each DAFNE course includes a 30 minute pre-course appointment, a five day DAFNE course and a half day follow up appointment six weeks after the DAFNE course.

Anyone can attend a DAFNE course if they have type 1 diabetes (for more than 6-12 months), can speak and understand English and are willing to have multiple daily injections.

For those with new onset type 1 diabetes we offer a shorter structured education foundation programme. This aims to provide attendees with an opportunity to meet others with newly diagnosed type 1 diabetes and to learn some basic skills and

knowledge as a first step to self management. Anyone with new onset type 1 diabetes who can speak and understand English is encouraged to attend, regardless of their insulin regimen.

We now have over 1000 DAFNE graduates in Leicester! In addition to the course, we frequently run skills refresher sessions for DAFNE graduates to brush up on key areas such as insulin dose adjustment and carbohydrate counting.

Our local DAFNE 'graduates' have set up their own User Support and Social Group. They meet on a regular basis for recreational activities such as pub quizzes, walks or bowling and have a list of fixtures planned for the year. They also welcome friends and family.

Learning more about DAFNE

We have a DAFNE awareness training programme for health care professionals (HCPs). The sessions are 2-3 hours long and



aim to provide an understanding of what a DAFNE course involves and the benefits to patients and HCPs. We also aim to give an insight into the key skills learned on the course and some of the methods used to deliver this learning. If you would like DAFNE awareness training please contact Liz Turrell on 0116 258 5158 or email sarah.phillips@uhl-tr.nhs.uk to discuss your requirements.

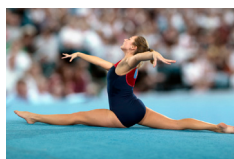
For general DAFNE information see www.dafne.uk.com

Sarah Phillips, Lead DAFNE Educator

New Paediatric and Adolescent Sport and Exercise Medicine Clinic



We are pleased to announce our popular Sport and Exercise Medicine (SEM) service now includes a weekly Paediatric and Adolescent SEM clinic based in the Children's Hospital at Leicester Royal Infirmary.



The clinic has close links with Paediatric Orthopaedics and Physiotherapy and recognises the need

for a SEM service aimed towards the needs of the active adolescent. The majority of musculoskeletal problems in this age group (10-16 years) can be managed non-operatively and a key aim is to maintain and promote engagement with physical activity within this population, ensuring a speedy recovery from a wide range of musculoskeletal problems. In addition the SEM Clinic is set up to review adolescents with other concerns regarding participation in exercise.



The adolescent SEM clinic is led by Dr Kim Gregory, Consultant in Sport and

Exercise Medicine, who joined the SEM department in February 2014. Outside of her work at UHL she continues to work as a Sports Physician for the Talented Athlete Scholarship Scheme (TASS) and also works with elite football and ice hockey teams.

Referrals to the adolescent SEM Clinic can be made via Choose and Book, or by letter to the Paediatric/Adolescent SEM Clinic based at the Paediatric Orthopaedic Outpatient Department at the Children's Hospital, Leicester Royal Infirmary. Alternatively, the main SEM department based at Leicester General Hospital will be happy to help and advise on 0116 258 4365. The aim is to see referrals within a few weeks.



Dr Kim Gregory, Consultant
Dr Patrick Wheeler, Head of Service

Conditions to consider referring to the SEM service include:

- Active adolescents with low back pain
- Atraumatic shoulder instability
- Elbow and wrist injuries
- Symptoms related to exercise/activity
- Anterior knee pain – including Osgood schlatters or knee pain following sports trauma
- Ankle/foot pain following injury including Severs disease
- Lower limb exertional pain
- Acute sports injuries
- Underperformance/fatigue/symptoms related to their chosen sport/activity

UHL Libraries and Information Services



We all know that reliable and current information is essential to the running of an effective health service.

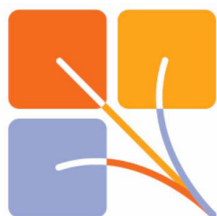
But how are you getting hold of the information you require?

NHS staff working in Leicestershire, but who do not work for UHL or LPT, can still join UHL Libraries and Information Services as an external member. This allows a basic level of service, including book loans and advice on finding essential information. However we would also be happy to agree a higher level of service on an individual, practice or CCG wide basis.

More information can be found on our website
www.uhl-library.nhs.uk/external.html



Make sure you are not missing out on essential information for your work, or wasting time trying to find it when we could help you find it faster. Get in touch with and join UHL Libraries and Information Services today.



**UHL Libraries
& information services**
evidence | research | education

Adventure calls!

I'm off to pastures new at the end of August... pastures with lions and elephants!

My husband has been offered a job in Tanzania so our family will be moving out there at the end of August for two years.

We will be living in a town called Mwanza which is on the shores of Lake Victoria, just two hours from the Serengeti!

So we are gradually packing away our life over here and preparing for our new life in Africa.

UHL is therefore looking to find another 'partner' for Jade, so please feel free to suggest colleagues who you think would like to work with GPs for 15 hours a week to improve UHL services.

Both Jade and I would be happy to chat with anyone interested in the role to offer an insight into what the role entails and the skills required. The job advert can found by clicking here:

[NHS Jobs.](#)

I've thoroughly enjoyed working with you all over the last year and wish to thank you for your support, suggestions and direction!

Asante!

Liz Sahu, Head of Services for GPs





Emergency Generator Testing 2014

No Direct Access Plain Film Service available during these hours

Please find a list of dates and times when the Direct Access Imaging Service will be unavailable due to essential generator testing.

It would be helpful if you could avoid referring patients at these times as we will be unable to provide a service and the patients attending will be delayed or asked to re-attend at another time.

Thank you

Nick Clark, Radiology Site Manager, 0116 256 3624

2014 TEST TIMES – approximate times given

Thursday 12 June	8.15am to 9.15am
Monday 14 July	8.15am to 9.15am
Tuesday 12 August	8.15am to 9.15am
Thursday 11 September	8.15am to 9.15am
Monday 13 October	8.15am to 9.15am
Tuesday 11 November	8.15am to 9.15am
Thursday 11 December	8.15am to 9.15am

Digitising Patient Notes in Clinical Genetics

In partnership with IBM, the Clinical Genetics department at UHL is transforming the way it works by digitising all paper-based family records.

The Clinical Genetics department in Leicester currently has around 20,000 sets of family notes dating back to the 1980's which are stored onsite in the department. As part of a Managed Business Partner agreement between UHL and IBM, we have started a project to digitise the paper based records stored in Clinical Genetics. As part of the project, over an eight week period, IBM worked with us to determine our requirements, implement the solution, train the team and actively use it within the department. Once the system was live, almost all our Clinical Genetics case notes were scanned in a one off scanning exercise and loaded into the Electronic Document Record Management (EDRM). They are indexed according to the family (pedigree) number and surname. The paper notes are stored off-site with the scanning provider. Optical Character Recognition (OCR) is applied to the scanned notes to allow clinicians to search all the files to discover more links between conditions or families.



A 'paperless' system has many benefits:

- We are able to access a family record immediately, from anywhere in the UHL estate
- We can look at a record at the same time as one of our colleagues working with the same family
- We can securely download a family file to an iPad for home visits/ peripheral clinics
- We no longer have to search for files on shelves hoping that the record is where we expect
- We can use the advanced searching capabilities to find information contained within the family file itself. For example, looking for all patients with a certain problem
- We can now place additional security on sensitive records and track who has seen them and thereby improving our information governance capability
- We have managed to clear several rooms that were used to store family records, giving us the opportunity to convert some of them into new clinic rooms
- We can view images and other information we previously stored on separate network locations in the same context as the family record
- All the incoming posts and reports are scanned and uploaded to the system usually within 24 hours

Looking to the future, we are investigating how we can link together all our IT systems we use within the department and thereby further automate and improve our capabilities.

Dr Pradeep Vasudevan, Clinical Genetics Head of Service
pradeep.vasudevan@uhl-tr.nhs.uk

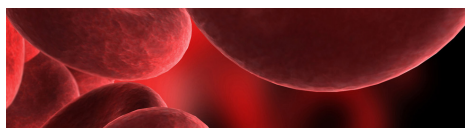


GP Hotline/Bed Bureau Liaison Officer

We are advertising for a band 2 Liaison Officer to efficiently manage our calls to the GP Hotline. The main purpose of the role is to provide a professional, efficient and high quality telecommunications service to GPs to ensure queries are dealt with promptly. Please see NHS Jobs for a job description and person specification.

www.jobs.nhs.uk/xi/search_vacancy/609b2608903286d47cf43b5bafec91a3/





Medical Day Case Unit



The Medical Day Case Unit (MDCU) aims to treat each patient individually, to ensure their diagnosis or treatment is performed efficiently and in a caring manner, so they are ready to be safely discharged home on the same day.



The MDCU (previously known as Odames Day Case Unit when based at Leicester Royal Infirmary) is open from **06.30 to 18.00**

Monday - Friday and is based on Ward 1 at

Leicester General Hospital.

MDCU offers a range of treatments and diagnostics. The list is not exhaustive and treatments can be negotiated.

MDCU is a nurse led area and medical cover is provided by the Specialist Registrar for medicine covering the General.

MDCU can offer:

- Blood transfusions (that meet the Units criteria). Non emergency transfusions generally require one days notice dependent upon the time of referral.
- Phlebotomy
- Venesection
- Ascitic drain (after acceptance from a Gastroenterologist)
- A wide range of intravenous infusions, i.e. Iron, methylprednisolone, immunoglobulins, antibiotics, bisphosphonates and more.
- Rheumatology: Epidural, joint injections, muscle biopsy.

If you would like to refer anyone for treatment, please call 0116 258 4012 to discuss with a member of the nursing team.

A decision to admit and treat will be given and you will then be asked to fax a patient summary so that prescriptions can be generated and treatment commenced.

Louise E Garbett, Ward Sister

Elective Alliance is up and running

As you may be aware, for the last three years Derbyshire Community Health Services (DCHS) have managed the Community Hospitals, Outpatients, Day Case and Diagnostic activity.



Better care together

As of 1 April 2014 this has moved to the Alliance.

The Alliance consists of

UHL, LPT and LLR Provider Company. The contract is for between three and seven years. The object of the Alliance is for the partners to work together to deliver improved patient care that is value for money. The Alliance will support the left shift of activity into a community setting with the aim of improving the patient journey, stopping duplication and taking unnecessary steps out of the patient pathway. The Alliance provides a good vehicle to support this. It will also work closely with the LLR Better Care Together programme.

We are currently reviewing the existing contract and service delivery with a view to improving and making this efficient prior to any left shift, which is not likely to occur until later in the year.

The key personnel involved in the review are:

Allister Grant	Consultant Gastroenterologist/ Medical Director
Dr Gareth Chidlow	Procurement Director LLR
Debra Mitchell	Service Director
Helen Mather	Acting General Manager
Alison Hessey	Acting Clinical Governance Lead

We will be working with the existing teams who have moved over from DCHS to provide services of good quality to the patients, supporting right place first time.

For further information please contact:

Kieley Bowers, PA to the Service Director 01509 564358
kieley.bowers@lcradds.nhs.uk

Consultant update

Starters

Dr Yehia Kamel Iman	Anaesthetics
Dr Glen Harper	Care of Older People

Leavers

Dr Lisa Robertson	Sexual Health
Mr Robert Deans	Orthodontics

GP and Allied Health Care Professionals' Teaching Open Event

Leicester Fertility Centre would like to invite you to a teaching event at our clinic

Wednesday 9 July 2014

7-9pm

Leicester Fertility Centre,
Level 0 Kensington building,
Leicester Royal Infirmary

The event aims to provide information on infertility care pathways, current NHS funding and guidelines as well as answer any questions you may have on all areas of infertility. There will be an opportunity to tour the unit and clinic staff will also be able to provide you with literature for your patients and other members of your practice.

A certificate of attendance will be issued to all who attend on the night. Refreshments will be provided.

Car parking is above Bannatynes gym, which is a short walk across Welford Road to Leicester Royal Infirmary.

We have our own entrance at the end of the Kensington (maternity) building.

We really hope you and/or a member of your practice can attend the event.

If you have any queries, comments or specific areas you would like discussed: please contact Charlene Freeman, Embryologist, charlene.a.freeman@uhl-tr.nhs.uk 0116 258 5922



Leicester Fertility Centre

Caring at its best

Groundbreaking conference returns for second year

A groundbreaking conference for healthcare practitioners is returning for a second year to examine issues around sudden heart deaths in young people.

The second annual **sudden arrhythmic death syndrome (SADS) Awareness Conference** has been organised by local charity, Joe Humphries Memorial Trust (JHMT) in conjunction with UHL.

Tuesday 14 October 2014

Leicester Tigers rugby stadium,
Aylestone Road, Leicester.

SADS is part of a group of subtle heart diseases that claim the lives of 12 teenagers and young adults, aged 12-35, every week in the UK.

The conference opens at 10am with an address by Martin Johnson, ex-rugby international player and Patron of the charity, and features a range of speakers including Professor Charles Deakin, Professor of Resuscitation and Pre-hospital

Emergency Medicine at the University of Southampton NHS Trust, who will talk about how good we are in the UK at detecting SADS and reacting to cardiac arrest compared with other countries.

Workshops will cover topics such as recognising patterns in ECGs, the role of pre-hospital ambulance staff and setting up diagnostic services for suspected patients or bereaved families.

Online booking is now open. The registration fee for the event is £40 for nurses, technicians and paramedics, and £70 for doctors.

To book a place, please apply online at www.jhmt.org.uk For all enquiries, please contact Vicky Wills, Fundraising and Events Coordinator, at vickywills.jhmt@hotmail.co.uk



If you would like more information about any articles in the newsletter or have suggestions for future editions, please do get in touch.

Jade Atkin or Liz Sahu

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liz.sahu@uhl-tr.nhs.uk

And finally...

For general information such as referring to us, GP education and previous editions of the GP newsletter, you can find it all (home or at work) by clicking here:

www.leicestershospitals.nhs.uk/professionals/

