Directory of Service laring at its best











For General Practitioners

- Admission Avoidance
- Ambulatory Care Centre
- Fast Access

The new Directory of Services for admission avoidance, rapid access clinics, pathways and hot clinics is now available with information on how to access these services and telephone numbers.

The purpose of the directory is to ensure that patients requiring specialist opinion in a timely way can access the appropriate services to receive the care they need. This avoids usage of the Emergency Department, and sometimes ultimately being admitted to hospital.

The service is now supported by the development of the new Ambulatory Care Centre at Leicester Royal Infirmary which is located in the Balmoral Building on Level 1. Currently this includes the one stop TIA clinic, DVT Clinic and some acute medical clinics. Information on other sites where clinics are held is also included in the directory.

The directory is updated regularly as new services are added.

If you have any queries or comments, please contact:

Leanna Joachim Service Manager: 0116 258 5231



LGH Gwendolen Road Leicester **LF5 4PW**



GH **Groby Road** Leicester LE3 9QP



LRI Infirmary Square Leicester LE1 5WW

> Switchboard 0300 303 1573

Acute Medical Clinics

Access

LRI

Ward 15 Balmoral Building Level 5

Referral Criteria

- Simple sepsis not responding to treatment.
- Abnormal blood results requiring immediate intervention
- Cellulitis not suitable for the community IV service
- Ambulatory medical patients requiring an urgent secondary care opinion that can not be catered for by urgent out-patient appointment to appropriate speciality
- Minor upper Gl bleed (Access for CT/US on the day where possible)

Phone bed bureau:

0116 258 4858

AND fax a referral:

0116 258 5856

Some access for Ambulance patients, please discuss with bed bureau

Opening Times

Slots available same day, 7 days a week **9am-5pm**

Maximum wait

For same day service

Ambulatory Care Pleural Disease Clinic

GH

Department of Respiratory Medicine

Referral Criteria

- Diagnosis and follow up of all new unilateral pleural effusions
- Management of malignant pleural disease
- Referral for medical thoracoscopy
- Long term in-dwelling pleural catheters
- Follow up for pneumothorax diagnoses/discharges
- Both internal and external/primary care based referrals
- Patients must be suitable for ambulatory care
- Please indicate if they are taking oral anti-coagulation

Access

Please refer directly to lead Consultant by faxing a copy of the referral form (on GP clinical systems):

Fax a referral:

0116 256 3720

Opening Times

Wednesday AM

Maximum wait

One week

Symptomatic Breast Clinic

GH

Breast Care Centre

Referral Criteria

- Provision is made for assessment & direct admission of ladies with symptomatic breast cysts via the on call SPR & Consultant.
- Telephone advice provided by specialist nursing/advanced nurse practitioner team & ward nurses regarding wound care, drains, pain etc.
 - Also ward attender provision once discussed with specialist nursing team.
- Daily short term & long term follow up clinics including wound & dressing
 assessments. Appointments made via Consultants admin support team.
 If it is an abscess the bed bureau will take the demographics and call the breast
 care clinic who will give the bed bureau a time for the patient to attend either
 the same day or the following day. If the patient is systemically unwell the bed
 bureau will speak to Ward 24, who will usually see the patient on the ward.

Access

Phone bed bureau:

0116 258 4858

AND fax a referral:

0116 258 5856

Opening Times

Monday - Friday

8.30-4.30pm

Maximum wait

24 hours

Cardiology Rapid Access Chest Pain

GH

Outpatients' Cardiology Area

Referral Criteria

 Rapid access chest pain, requested, screened and signed off by a specialist Nurse.

Access

Fax a referral:

0116 250 2653

Maximum wait

48 hours for urgent referral 2 weeks for non-urgent

Children's Services

Access

LRI

Children's Assessment Unit

Referral Criteria

All children's

Phone Children's Assessment Unit directly:

0116 258 6916

Fax a referral:

0116 258 7637

Opening Times

Monday to Friday only 8.30am-4.45pm

Maximum wait

Same day service

Dermatology

LRI

Outpatients' Clinic Balmoral Building Level 1

Referral Criteria

- Bed Bureau forward referral to clinic, the referral is read and prioritised by clinician.
- GP is also required to speak to the on call dermatologist as well.

Access

Phone bed bureau:

0116 258 4858

AND fax a referral:

0116 258 5856

Opening Times

Monday - Friday

8.00am-5pm Maximum wait

2 weeks

Diabetes

LGH

Outpatients' Clinic

Referral Criteria

- Bed Bureau forward referral to clinic, the referral is read and prioritised by clinician
- · Patient informed by clinic.

Access

Phone bed bureau:

0116 258 4858

AND fax a referral:

0116 258 5856

Opening Times

Monday - Friday

8am-4pm

Maximum wait

24-48 hours

DVT

LRI

DVT Clinic Ambulatory Care Centre Balmoral Building Level 1 Referral Criteria

- Patient needs to be able to walk a few steps either independently or with walking aid.
- Bed bureau will advise GP that the patient may not have a scan on the day of referral but will be treated and a scan appointment booked if required.
- Ambulances can be booked by bed bureau if required.
- Patient needs to be made aware of potential delays if they require transport home.

Access

Phone bed bureau:

0116 258 4858

AND fax a referral:

0116 258 5856

Opening Times

Monday - Friday

8am-8pm Saturdav

8am-12noon

Maximum wait

Same day

Endocrinology

Access

LRI

Outpatients' Clinic Victoria Building Level 1 Referral Criteria

• Clinician to clinician conversation

Discussion between GP and Consultant facilitated by GP hotline or secretaries on:

0116 258 5157

Opening Times

Monday - Friday

8am-4pm Maximum wait

28-48hrs

Access

LRI

ENT

ENT Clinic Balmoral Building Level 1
Referral Criteria

• Clinician to clinician conversation

Please contact the ENT consultant via the GP hotline:

0116 258 48 58 (option 2)

Opening Times

Monday - Friday 8am-6pm

Maximum wait

28-48hrs

Early Pregnancy Assessment Unit

LRI

Mon-Fri Jarvis Building Ground floor Sat-Sun Kensington Building Ground floor

Referral Criteria

- Positive pregnancy test 6 weeks to 15+ weeks
- Pain and/or PV bleed, previous miscarriage, previous or suspected ectopic

Access

EPAU Call direct on:

0116 258 5241

GAU out-of-hours advice:

0116 258 6259

Opening Times

Monday - Friday 8.30am-5pm

Saturday - Sunday

9am-1pm

Maximum wait

48 hours



LRI

Elderly Frail Unit Ward 33 Balmoral Building Level 5

Referral Criteria

Access criteria

Referrals will only be accepted if all of the following criteria can be met:

- 1. Patient aged 65+
- 2. Patient has had a change in function lasting more than 24 hours and no more than one month, such as:
 - a. Reduced mobility
 - b. New onset of difficulties in washing or dressing self
 - c. New onset of faecal or urinary incontinence
- 3. Patients should be stable enough to remain in their usual place of residence awaiting a clinic appointment (up to one week), and well enough to travel to the hospital
- 4. Patients should ideally be in receipt of multidisciplinary care (e.g. GP and community matron/intermediate care team).
- 5. Referrals will only be accepted if accompanied with a copy of the past medical history and current prescribed medication.

Exclusion criteria

- These hot clinic slots are only intended to support patients with sub-acute medical crises.
- They should not be used for routine referrals, including falls assessments.
- They do not replace other 'hot clinics' such as rapid access chest pain clinics or ambulatory care facilities run by the respiratory physicians.
- They should not be used under the cancer two week wait rule.
- They are not for patients with Transient Ischaemic Attacks or acute stroke.

Clinician to Clinician conversation

Single Point of Access

Phone:

0300 300 1000

(8-6pm seven days per week).

Opening Times 24 hours per day Maximum wait

4-14hrs

Gastroenterology

LRI

Outpatients' Clinic Windsor Building Level 2

Referral Criteria

- Bed Bureau forward referral to clinic, the referral is read and prioritised by clinician
- Patient informed by clinic.

Access

Phone bed bureau:

0116 258 4858

AND fax a referral:

0116 258 5856

Opening Times

Monday-Friday

9am-5pm

Maximum wait

2 weeks

Gastrostomy PEG/RIG

LRI

Various

Referral Criteria

Information on

- · Where and by whom the PEG was inserted
- Description of the current problem
- Patient's specialty

Access

Phone bed bureau:

0116 258 4858

AND fax a referral:

0116 258 5856

Opening Times

Monday-Friday

9am-5pm

Maximum wait

Same day

LRI/LGH

Various

Referral Criteria

- Bed Bureau will forward the referral to the SAU, the patient will be seen on the SAU by the consultant and appropriate action taken.
- Patients will be reviewed at either LRI or LGH.
- The service is for urgent / emergency reviews only.

Phone bed bureau:

0116 258 4858

Fax a referral:

0116 258 5856

Maximum wait

Same day

Gynaecology

LRI

Kensington Building Level 1

Referral Criteria

• Gynaecology Emergency Admissions and Advice

Access

Please call Gynaecology Assessment Unit directly:

0116 258 6305

Opening Times

24 hrs Maximum wait

12-24hrs

Maxillofacial

LRI

Maxillofacial Department Balmoral Building Level 0

Referral Criteria

• Clinician to clinician conversation.

Access

GP to speak direct to Maxillofacial Consultant on call via switchboard

Opening Times

Monday - Friday 8am-6pm

Maximum wait

2 weeks

Metabolic Medicine

LRI

Outpatients' Clinic Victoria Building Level 1

Referral Criteria

- Bed Bureau forward referral to diabetes clinic, the referral is read and prioritised by clinician
- · Patient informed by clinic.

Access

Phone bed bureau:

0116 258 4858

AND fax a referral:

0116 258 5856

Opening Times

Monday-Friday

8am-4pm

Maximum wait

24-48hrs



Neurology Access

LRI

Ambulatory Care Centre Balmoral Building Level 1 Referral Criteria

Access criteria

• Suspected first seizures - please refer and fax a referral

Exclusion criteria

• Faints

Phone bed bureau: 0116 258 4858 AND fax a referral: 0116 258 4094

Opening Times

Clinic held

Tuesday PM & Friday AM

Maximum wait

2 weeks

Ophthalmology

LRI

Windsor Eye Clinic Windsor Building Level 2

Referral Criteria

• All sight threatening emergencies, which would be our classification of same day for Ophthalmology.

Access

Phone EED directly: **0116 258 6273**

Opening Times

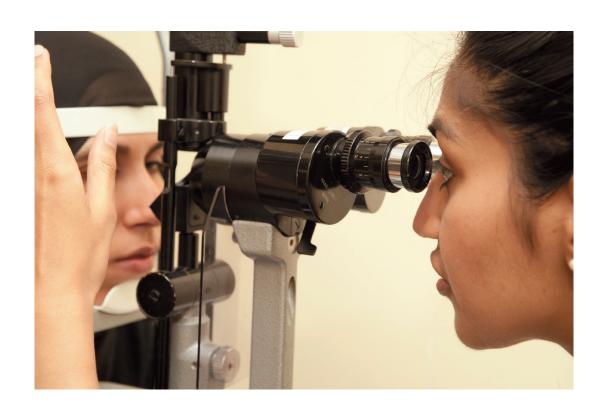
Monday-Friday 8.30am-4.30pm

Saturday-Sunday/Bank Holiday

8.30am-12.30pm

Maximum wait

24 hrs



Access

LRI

Fracture Clinic Balmoral Building Level 1
Referral Criteria

Non-urgent Trauma

Requires follow-up

- 1. Fax referral letter to Professor Harper Trauma Centre (PHTC)
- 2. Rapid review process consultant x-ray meeting within 24 hours
- 3. Patient contacted by phone with outcome

Fax a referral to PHTC:

0116 258 5430

Opening Times

Monday -Friday 8am-7.30pm

Saturday-Sunday

10am-5pm

Maximum wait

Decision will be made within 24-48 hours

Urgent Trauma

- 1. Out-of-hours refer to ED
- 2. Contact on-call registrar for trauma via switchboard, then
 - a Advice given over the phone no follow-up
 - b Accepted by registrar, **needs to be seen by registrar** (no appointment system):

Conditions:

- Lacerations
- Back injuries
- Cauda equina

OR IF:

- Advanced Nurse Practitioner (ANP) not on duty but patient requires attention prior to next available ANP appointment.

GP to fax letter to PHTC and include:

- Patient details
- Summary
- Accepting registrar

IF URGENT for that day - will be seen that day

c Accepted by registrar to be seen by ANP, then

Fax letter to PHTC and include:

- Patient details
- Summary
- Accepting registrar

IF URGENT for that day - will be seen that day - or given an appointment over the phone

(Triage nurse will contact the patient with appointment within 24 hours)

Out-of-hours
Refer to ED:

7.30pm-8am

Contact on-call registrar for trauma:

0300 303 1573 bleep 4046

Fax letter to PHTC: 0116 258 5430

Fax letter to PHTC:

0116 258 5430

Maximum wait

Patients whose injury/condition that the registrar feels needs to be seen that day will be seen that day, either by ANP or registrar



GH

Ward 20

Referral Criteria

Access criteria

- 1. Patients are able to understand treatment instructions or home support/carer support to enable treatment instructions to be understood and for the treatment to be carried out
- 2. Telephone access to enable home treatment
- 3. Ambulatory and able to attend hospital for treatment
- 4. No perceived as having a bleeding risk e.g. liver disease, active peptic ulcer disease
- 5. No contraindications to warfarin or LMWH
- 6. Haemodynamically stable (systolic BP >100, pulse <110)
- 7. Not Hypoxic (O2 sats >92% on air, RR <30)
- 8. Not requiring IV analgesia
- 9. No intercurrent illness requiring admission
- 10. Adult (18 years and above) and not pregnant
- 11. No clinically obvious DVT

Exclusion criteria

- Positive Troponin (suggestive of right heart strain)
- · History of collapse
- · Patients with active bleeding or at significant risk of bleeding

Phone bed bureau: 0116 258 4858

AND fax a referral: **0116 258 3720**

Opening Times

Monday - Friday 8.30-4.30pm

Slots available up to 2pm to enable a one stop clinic

Maximum wait

Same day or next day

Rheumatology

LRI

Visit Ward

Referral Criteria

• Clinician to clinician conversation.

Access

GP to speak direct to the consultant on call via switchboard:

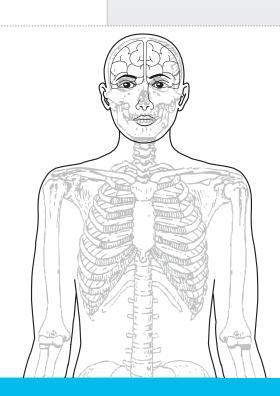
0300 303 1573

Seen on ward or emergency with appointment

Maximum wait

2 weeks





Stroke / TIA Access

LRI

Ambulatory Care Centre Balmoral Building Level 1 Referral Criteria

Only high risks are seen 24-48 hours.

- Service runs 365 days/year.
- If there is doubt; advised to phone the consultant stroke physician on call for that day.

Other suspected TIAs are seen <1 week.

- Patients referred to this clinic should be capable of attending for most of the day e.g. 8 am to 4 pm it is a whole day one-stop clinic; so not suitable for very frail people they need to be ambulant.
- Referral criteria exclude those with syncope.
 They should have had a transient episode of focal neurology.
- Suspected acute stroke patients are not usually seen in clinic unless it has resulted in no significant impairment so non-disabling strokes can be referred but other strokes should go via the Emergency Department.
- If there is doubt; advised to phone the consultant stroke physician on call for that day.

Please speak to the clinic directly:

0116 258 5431

Fax a referral:

0116 258 6370

Opening Times 8am-4pm Maximum wait 24-48 hours (urgent)

1 week (non-urgent)

Access

Urology

LGH

Various

Referral Criteria

• Clinician to clinician conversation

Please contact the Urology consultant via the GP hotline:

0116 258 48 58 (option 2)

Opening Times 24 hours Maximum wait Same day

