

June 2015

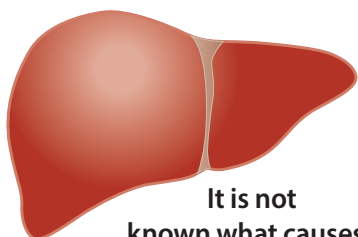
# GP Newsletter



Welcome to the June edition of the GP Newsletter

## Acute Fatty Liver of Pregnancy - (AFLP)

Following a recent case of AFLP within UHL, the Obstetrics Team are highlighting this rare [1 in 20000 pregnancies], but potentially fatal condition.



It is not known what causes this pregnancy specific

**liver condition** but there is thought it is a variant of pre-eclampsia (raised blood pressure and protein in the urine caused by pregnancy). It has also been linked to an inherited enzyme deficiency called long chain acyl-CoA dehydrogenase (LCHAD) in the baby.

The condition is more likely to occur in first pregnancies, multiple pregnancies and in women carrying a male child.

### How is Acute Fatty Liver of Pregnancy diagnosed?

Diagnosis is made through a combination of clinical presentation and blood biochemistry.

#### Symptoms may include:

- Nausea and vomiting
- Lack of appetite
- Abdominal pain and indigestion
- Malaise
- Fatigue
- Jaundice
- Excessive thirst

The symptoms of AFLP are non-specific and can be mistaken for other conditions, making diagnosis difficult. Early diagnosis can save the life of the baby and mother.



#### If you have concerns:

**about a potential patient with AFLP, or other pregnancy related queries** a Consultant Obstetrician is always available for advice via the Maternity Assessment Units at the LRI and LGH:

**LGH Monday-Friday 1.00pm-5.00pm**  
Tel: 0116 258 4808

**LRI Monday-Friday 8.30am-5.00pm**  
Tel: 0116 258 6312

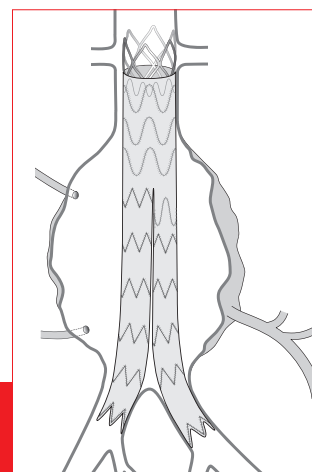
Dr Mark Finney  
Consultant Obstetrician

## Abdominal Aortic Aneurysm Screening

The NHS AAA Screening Programme aims to reduce deaths from the condition among men aged 65 and over by up to 50 percent by detecting AAA early and offering appropriate monitoring or treatment

**Men aged 65 and over are most at risk from the condition** and invitations for screening are being sent to men in Leicester, Leicestershire and Rutland in the year they turn 65.

For men aged 65 and over who have not previously been screened, more information can be obtained by contacting the local screening service on **0116 258 6820**.



**Please encourage your patients to participate in this screening programme.**  
**Annette Olalobo - AAA Screening Nurse**

# Opportunity for Heart Failure Patients to be Part of a Clinical Trial

We are carrying out a multicentre, randomised, double-blind, parallel group, active-controlled study to evaluate the efficacy and safety of LCZ696 compared to valsartan on morbidity and mortality in Heart Failure patients with preserved ejection fraction (HFpEF).

Unlike Heart Failure with reduced ejection fraction, no pharmacologic therapies have shown benefit in HFpEF. Thus, there is no evidence-based therapy specific for HFpEF, hence the need for clinical trials to investigate therapeutic options.



Do you have any patients with this diagnosis that would be interested in taking part in a clinical trial?

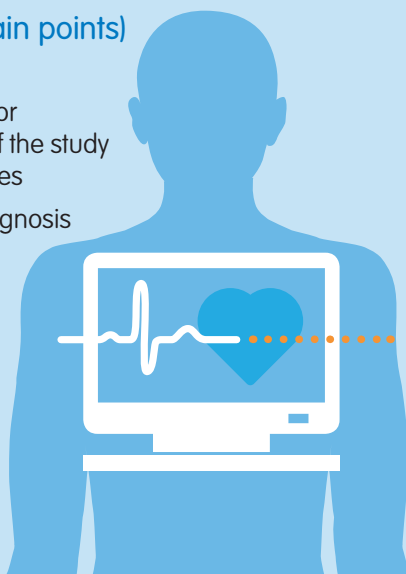
## Inclusion criteria:

- >55yrs
- LVEF >45%
- Symptoms of heart failure (NYHA II-IV)
- Structural heart disease diagnosed from ECHO/MRI etc
- Heart failure admission and/or elevated BNP

## Exclusion Criteria: (main points)

- Any prior LVEF <45%
- History of angioedema or hypersensitivity of any of the study drugs or in similar classes
- Probable alternative diagnosis that could account for symptoms such as significant pulmonary disease, anaemia, obesity (BMI >40kg/m<sup>2</sup>)

If you have any patients that may be suitable and you have asked the patient's consent then please email their NHS number to Judith Fisher, Research Nurse, we will then screen appropriate patients.



If you wish to discuss this trial further then please do not hesitate to contact:  
Professor Iain Squire: [is11@leicester.ac.uk](mailto:is11@leicester.ac.uk) or on 0116 258 3021  
Judith Fisher (Research Nurse): [Jude.a.fisher@uhl-tr.nhs.uk](mailto:Jude.a.fisher@uhl-tr.nhs.uk) or on 0116 250 2541

## New Library opens at the Royal

The new Odames Library at Leicester Royal Infirmary is open for Business!

Located in what was the Odames Ward on the first floor of the Victoria Building, the new facility is available to GPs as well as staff and Medical Students.



There is the provision to borrow books, utilise the facilities in the library and register for an NHS Athens account to access extensive online resources. We would be delighted to welcome GPs to our new Library.

Stuart Glover  
Library Service Manager



### Queries

Any queries regarding the services we offer or accessing resources please ring 0116 258 5558.

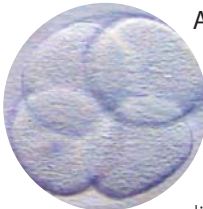
### GP access

GPs can access the Library and resources during staffed hours Monday to Friday 9:00am – 4:30pm.



# Leicester Fertility Clinic launches new website

As part of the Listening into Action (LiA) campaign, Leicester Fertility Centre engaged with patients, staff and clinicians to see how the unit could be improved for the benefit of patients and other service users.



A number of developments were identified including redesigning the Leicester Fertility Centre website.

A recent GP survey also highlighted the need for a distinct area of the website for clinicians enabling easily accessible information on the services we provide.

The new website offers easy to access specific areas for patients, potential donors and healthcare professionals.

A complete downloadable list of information booklets can be found within the Healthcare Professionals section, making it easy to give patients the most up-to-date information.

Additional information for GPs includes the care pathway for patients for NHS or private treatment, information on arranging semen analyses and important contact information.



[www.leicesterfertilitycentre.org.uk](http://www.leicesterfertilitycentre.org.uk)

## Frequently asked questions page

We are also introducing a frequently asked questions page for all service users and are looking for help in identifying a relevant and useful list.

**If there are any questions you would like to see addressed** or for more information on the website or service please email:

[Charlene.a.freeman@uhl-tr.nhs.uk](mailto:Charlene.a.freeman@uhl-tr.nhs.uk)



## Ambulatory Pulmonary Embolism (PE) Clinic at Glenfield Hospital

In June 2010 Glenfield Hospital opened the doors of its Ambulatory PE Clinic. It is a Nurse-led service investigating, diagnosing and treating patients with a suspected PE as an outpatient.



June 2015 marked the 5th anniversary of the Clinic opening. In the first year the Clinic had an attendance of 350 patients and now has an annual attendance of almost 750 patients.

Patients are referred by GPs via Bed Bureau and Urgent Care Centres but we also review referrals from the acute teams based in ED and the Clinical Decisions Unit at Glenfield. All patients are seen and examined by the Specialist Nursing team and have bloods taken, an ECG, chest x-ray and a clinical examination. Further scans are arranged as appropriate, pending the results of the investigations and examination.



If following all investigations and consultation, the patient is diagnosed with a PE they are commenced on treatment, counselled on their medication and taught to self-inject Dalteparin. All diagnosed patients will have a further follow-up to check their INR, dosing of medication and malignancy screen together with a three month respiratory follow-up and are also referred to the UHL Anticoagulation Service.

### Clinic Opening Times

**Monday to Friday 8.30am - 4.30pm**

**We are currently trialling longer opening hours on:**

**Mondays and Tuesdays until 6.00pm**

**Patients should be advised to attend the PE Clinic straight away following referral,**

**no later than 3.30pm Monday and Tuesday**

**(during the extended opening hours trial) and**

**no later than 2.00pm Wednesday to Friday.**

If a patient is unable to attend the clinic prior to these times you can provide treatment dose Dalteparin and refer the patient to clinic the next day via Bed Bureau. Please ensure that you provide a full clinic letter.

### Inclusion Criteria

We accept patients 18 years and older that meet the following criteria:

- not pregnant
- more than 8 weeks post-partum
- mobile
- have access to a telephone and are able to give clear instructions
- patients must be compliant
- pulse has to be 110 or lower
- systolic greater than 100
- oxygen saturation 92% and greater
- respiratory rate of less than 30.

### Exclusion Criteria

We are unable to accept patients who present with the following:

- diagnosis of a thrombus
- currently on anticoagulation treatment
- liver disease
- bleeding risk
- haematology disorders.

If you have any other queries you can call 0300 303 1537 ext 2231 and speak to Elaine Bailie or Nisha Parmar, Ambulatory Care Nurse Specialists.

# Our Services... *your* thoughts!



We value your feedback and input into services provided by UHL and you are welcome to **feedback at any time** about any aspect of our services, both positive and negative.



However, periodically we are asking for specific areas of feedback so we can concentrate on developing certain aspects of service provision.

*This is not intended to replace the complaints procedure or any other formal procedures in place.*

We are simply asking for constructive feedback in order to engage you in service development.

We welcome comments, suggestions and examples of your experiences of working with UHL from both clinical and administrative colleagues.

## Current hot topics:

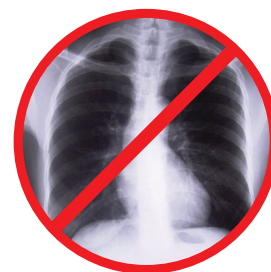
### Trauma Orthopaedics Pathway

We are asking for feedback on the accessibility of the Trauma Service via on-call and Professor Harper Trauma Clinic (Fracture Clinic).

- Are you able to access professional advice in a timely manner?
- Have you experienced speaking to the ANP as bleep holder and was the outcome appropriate and helpful?
- Have the changes made to the Trauma Pathway been supportive and positive?

**Please get in touch and help us provide better services for you and your patients.**

To feedback, click on the link and email  
**[UHLGPSServices@uhl-tr.nhs.uk](mailto:UHLGPSServices@uhl-tr.nhs.uk)**



## Emergency Generator Testing

Reminder of dates and times when the Direct Access Imaging Service will be **unavailable** due to essential generator testing.

### Upcoming test times:

**Tuesday 7 July 2015**

08:15 - 10:15

**Wednesday 5 August**

08:15 - 09:15

Nick Clark,

Radiology Site Manager

0116 256 3624

## Leicestershire Medicines Strategy Group Newsletter



This newsletter is designed to keep you informed of LMSG outcomes and is distributed monthly.

Please 'click here' to access the current Newsletter.

Leicester Medicines Strategy Group is working on behalf of the Leicester, Leicestershire & Rutland Health Community to support safe, rational and cost-effective prescribing.

## Paediatric Milk Allergy Study



The paediatric allergy team are involved in a study on IgE-mediated (immediate) milk allergy called PRESTO.

This is a study looking at whether pre and pro-biotics help infants outgrow their milk allergy. If you have any paediatric patients with milk allergy who require input by the allergy team and are interested in the study please contact:

Dr Gary Stiefel, Paediatric Allergy Consultant  
email: [childrensallergy@uhl-tr.nhs.uk](mailto:childrensallergy@uhl-tr.nhs.uk)



## Events attended by UHL Consultants

Below are some of the recent events attended by UHL Consultants:

Dr Rosie Bronnert  
Dr Laura Clipsham  
Dr James Reid

all presented at the:

Consultant in Palliative Medicine  
Consultant in Palliative Medicine  
Consultant Physician

East Leicestershire and Rutland CCG  
Formal Learning Event on 03 June 2015

# GP Education & Events

## Leicestershire Palliative Care Study Group Study Day: Symptom Control for Cancer and Non-Cancer Patients

**01 October 2015**

9:00am – 3:30pm

**Venue:**

Leicester Racecourse

**Cost:**

£45

**Contact:**

Karen Mann

[Karen.mann@uhl-tr.nhs.uk](mailto:Karen.mann@uhl-tr.nhs.uk)

0116 258 7512

**Course Topics include:**

- COPD
- Renal Failure
- Difficult Symptoms in GI / Hepatobiliary patients
- Dementia
- Pain Control in Cancer Patients
- Challenges of managing Mental Health issues with the Seriously ill.

Dr Laura Pal

Dr Caroline Cooke

Dr Cassy Rowe-Haynes

## SADS Awareness Conference

**02 October 2015**

9:00am – 5:00pm

**Venue:**

Leicester City Football Club,  
King Power Stadium

**Cost:**

£10 - £65

(email for further details)

**Contact:**

Vicky Wills

[vickywills.jhmt@hotmail.co.uk](mailto:vickywills.jhmt@hotmail.co.uk)

**Guest speakers include:**

- Martin Johnson ex-international rugby player, Patron JHMT
- Dr Graham Stuart (Bristol)
- Dr Rajay Narain (London)
- Dr Kal Parmar (London)
- Dr Riyaz Somani (Leicester)
- Dr Ffion Davies (Leicester) SADS survivors
- Heartsafe / Joe's mini heart-start team

**Workshops include:**

- ECG Recognition and quiz
- Screening families
- Bereavement and family support
- SADS collapse scene simulation
- Training in CPR and public defibrillators
- How to spot SADS warning signs

## Advanced Musculoskeletal Injection Update

**14 November 2015**

9:00am – 4:30pm

**Venue:**

Glenfield Hospital

**Cost:**

£150

**Contact:**

[courses@specialistphysio.com](mailto:courses@specialistphysio.com)

**Tutor:**

Mr Tony Wilson, Specialist Physiotherapist will speak about

- Injections: everywhere and anywhere - Are we doing any good?
- Dosages - Update on evidence for choice of drug and dosage
- Advanced Clinical Reasoning - New challenges: Old risks, Concerns, To inject or not?



If you would like more information about any articles in the newsletter or have suggestions for future editions, please do get in touch.

**Catherine Headley**

0116 258 8598

07432 623 350

[UHLGPServices@uhl-tr.nhs.uk](mailto:UHLGPServices@uhl-tr.nhs.uk)

## And finally...

**For general information** such as referring to us, GP education and previous editions of the GP newsletter, you can find it all (home or at work) by clicking here:

[www.leicestershospitals.nhs.uk/professionals/](http://www.leicestershospitals.nhs.uk/professionals/)

