

August 2017



University Hospitals
of Leicester
NHS Trust

GP Newsletter

Caring at its best



Welcome to the August edition of the GP Newsletter

NEW - Chronic Pancreatitis Pathway

Following patient feedback, the HPB unit at the Leicester General Hospital have launched a multidisciplinary clinic aimed at treating patients with an established diagnosis of chronic pancreatitis (diagnosed either radiologically or via EUS).



Our overarching aim is to avoid repeat admissions in this group of patients and to target their

analgesic, nutritional, surgical and psychological needs in a timely fashion whilst providing active support towards alcohol and tobacco cessation.

Patients will be reviewed by a HPB surgeon, nurse specialist, anaesthetist, specialist dietitian, smoking and alcohol cessation advisor (if appropriate) and a clinical psychologist.

Referrals can be made via e-Referral Service:
Adult Chronic Pancreatitis MDT Clinic -
H&P - LGH - RWE

Multidisciplinary Clinic

The clinics run on alternate Wednesday afternoons at the Leicester General Hospital

Before referring your patients, please could you:

- Ensure the patient has had an established diagnosis of chronic pancreatitis (radiologically or via EUS)
- Inclusion of demographic details on the referral
- Date and summary of their latest imaging results
- Details of smoking and alcohol history

For more information on our HPB service please visit
www.hpbleicester.com

Emergency Department and Urgent Care



It has come to our attention that patients are still being directed from Primary Care to the Urgent Care Centre at the Royal Infirmary. **Please note that this Centre no longer exists** following the opening of the new Emergency Department.

The function that the UCC performed previously is now incorporated into the Emergency Department and patients will be seen within this service. It is unhelpful to patients to be directed to the Urgent Care Centre as all signs at the Royal Infirmary referring to this have been removed. If you are advising patients to come for assessment, please let them know that they will need to present at the Emergency Department.

If you have any queries or require further advice about the Emergency Department please contact Chris Barbrook, General Manager at
Chris.Barbrook@uhl-tr.nhs.uk

Pathology Update

Blood Sciences Pathology User Survey

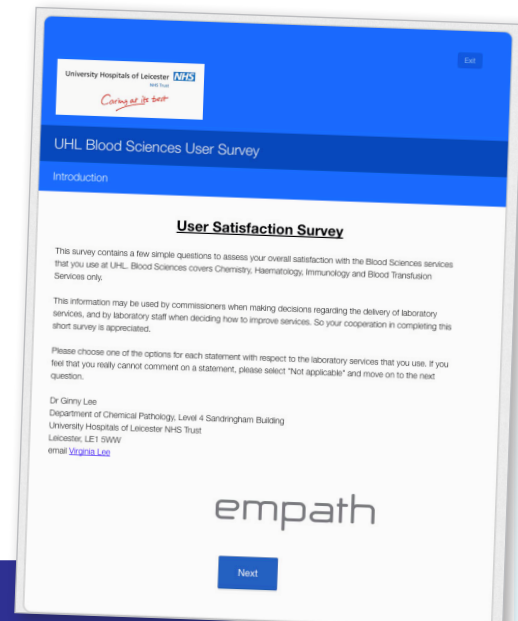
The Pathology Service at UHL has created a survey containing a few simple questions to assess your overall satisfaction with the Blood Sciences services. Blood Sciences covers Chemistry, Haematology, Immunology and Blood Transfusion Services only.



This information may be used by commissioners when making decisions regarding the delivery of laboratory services, and by laboratory staff when deciding how to improve services. So your cooperation in completing this short survey is appreciated.

Dr Ginny Lee, Consultant Clinical Biochemist

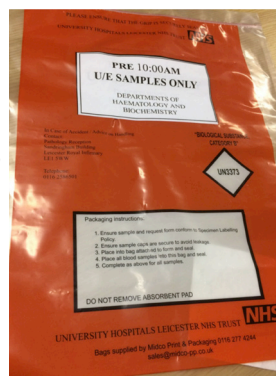
www.surveymonkey.co.uk/r/blood-sciences-UHL



New Systems

Priority Bagging System for U/E Samples

We are putting in place a system to try and help to triage samples once they arrive, the aim is to process the samples that were collected earlier in the day as priority to minimise a prolonged time between collection and separation.



We receive approximately 10,000 samples a day into our specimen reception, most of these arriving after 2pm.

Samples for potassium measurement should ideally be centrifuged within 6-8 hours of collection to minimise the chances of potassium leaking from the cells thus spuriously elevating the level in the serum.

We will be providing all GP surgeries with orange U&E bags (see photo) which should be used for samples that are collected before 10am (guideline time only).

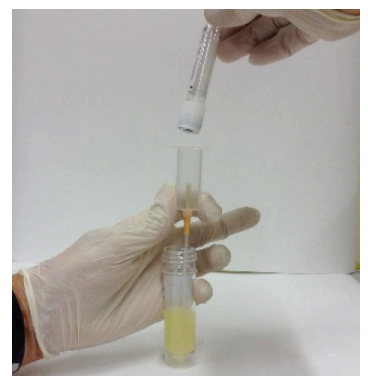
This will allow us to prioritise these samples for centrifugation and hopefully reduce the number of spurious potassium results, which are known to cause inconvenience to both GPs and patients.

The new bags will be available in early September and will be distributed to surgeries via the Pathology Drivers.

If you have any queries or concerns about the new system please contact Andy Dorrington on 07909 546213

Improved Efficiency Urine Collection System

Pathology are introducing a new Urine Collection system to facilitate the vision that all specimen tubes arriving in the laboratory are ready for processing immediately, eliminating any pre analytical procedures.



This will improve efficiency in the laboratory, resulting in improved analytical processing. We have trialled this new system in over 60 GP surgeries across Leicester over the last 18 months with very positive feedback so we plan to roll it out to all GPs.

During the trial we visited all surgeries to demonstrate the system but it is our intention to issue all surgeries with full instructions and will only visit surgeries if requested.

Surgeries will be sent the new tubes and straws and a set of instructions which explain how the system works starting from September 2017. However, we will contact each practice prior to the equipment being dispatched to further explain the process. We aim to have all surgeries using the collection system by December 2017.

The new system includes a transfer device (box of 100) and 9ml tubes (box of 100), one white top for chemistry (mainly Micas) and immunology and a 9ml green top tube containing Boric Acid for MSU (culture and sensitivity) for Microbiology.

For further information or any queries please contact Andy Dorrington on 07909 546213 (Tuesday & Thursday only)

GP Education & Events

SAVE
THE
DATE

GP Imaging Event

21 September 2017

9:00am – 1:00pm

Clinical Education Centre, LGH

FREE

Contact:

Shekha.modhwadia@uhl-tr.nhs.uk

Topics covered:

- Renal Colic – Dr Arumugam Rajesh
- Groin – Dr James Stephenson
- Shoulder – Dr Arif Syed
- Spine – Dr Raj Bhatt
- CT Colon – Dr Mosheir Elabassy
- Imaging rejections – Dr Mosheir Elabassy
- Advice and guidance workshop
- Tour of CT, MRI and ultrasound – Imaging department

Paediatric Allergy Study Day:

5 October 2017

All day

Clinical Education Centre

Leicester Royal Infirmary

Cost £100 Doctors; £75 Nurses

Contact:

Warren.Luyt@uhl-tr.nhs.uk

The LRI Children's Allergy team presents a study day on important topics on allergy – including:

- Is this allergy? Taking a history and performing allergy tests.
- Milk allergy – What's new and prescribing in the community.
- Presentation and treatment of allergy in the GI tract.

- Management of nut allergy at both home and school.
- The reintroduction of food allergens – meeting the challenge.

and Workshops on:

- The child with food allergy.
- The child with atopic eczema.
- Practical management of children's allergy

Leicestershire Palliative Care Group Study Day: Haematological Disorders

5 October 2017

9:00am – 4:30pm

LOROS

Cost £50 per person

Contact:

Karen Mann 0116 258 7512 or

karen.mann@uhl-tr.nhs.uk

CPD Points will be available

- Leukaemia, Transfusion-dependency & Alternatives at the End of Life: Dr Kate Hodgson, Consultant Haematologist
- Myeloma: Dr Linda Barton, Consultant Haematologist
- Palliative Care for Patients with Haematological Malignancies: Dr Samuel Krauze, SpR in Palliative Medicine
- Venous Thrombosis: Dr Richard Gooding, Consultant Haematologist
- Abnormal Blood Results – Who should I call?
- The Role of the CNS in supporting patients

Joint Injection Course

11 November 2017

8:30am – 1:00pm

Leicester Marriott Hotel

Cost – £100 (includes refreshments & brunch)

Contact:

Nichola Coleman

0116 256 3016 or

Nichola.Coleman@uhl-tr.nhs.uk

Hands on course for GPs to cover Knee, Shoulder, Elbow, Hand, Wrist, Foot and Ankle and Trochanteric Bursitis

- After the break, participants will be split into four groups. These groups will visit the four stations in rotation (Shoulder & Elbow, Hand & Wrist, Hip & Knee, Foot & Ankle) for interactive sessions where the consultant in charge will help them to practice the injection skills on feedback models.
- Participants can discuss with the Orthopaedics Consultants anatomy, portals, technique and contraindications



If you would like more information about any articles in the newsletter or have suggestions for future editions, please do get in touch.

Catherine Headley

0116 258 8598

07931 206 247

UHLGPServices@uhl-tr.nhs.uk

And finally...

For general information such as referring to us, GP education and previous editions of the GP newsletter, you can find it all (home or at work) by clicking here:

www.leicestershospitals.nhs.uk/professionals/

