

September 2017



University Hospitals
of Leicester
NHS Trust

GP Newsletter

Caring at its best



Welcome to the September edition of the GP Newsletter

Home Oxygen Service is moving

The Home Oxygen Service run by Leicestershire Partnership NHS Trust has transferred to University Hospitals of Leicester with immediate effect. Therefore please be aware that The Home Oxygen Service contact details have changed.

The service is now located at:

University Hospitals of Leicester
Respiratory Physiology Unit
Glenfield Hospital

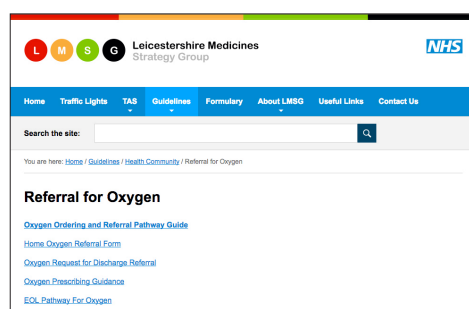
Our new contact details for
the service are:

Home Oxygen Service Office
(Clinical Queries only):
0116 250 2880

Home Oxygen Service Patient's
appointments line:
0116 250 2968

The home oxygen prescribing guidance, referral pathways, and referral forms are now available on LMSG website:

<https://www.lmsg.nhs.uk/guidelines/health-community/referral-for-oxygen/>



Mr DD Vara, Principal Clinical Physiologist
Email: dhiraj.vara@uhl-tr.nhs.uk

The Oxygen supplier remains
Air Liquide.

Please note: Air Liquide no
longer accepts PART A HOOF
form via fax. Please use the
above link for more information.

Mr R Walton, Deputy Manager
Email: richard.walton@uhl-tr.nhs.uk

Glucose Tolerance Testing in Pregnancy

Within the last 6 weeks here
have been 4 missed abnormal
GTT in varying circumstances.



We would like to remind colleagues of the
GTT levels

- Any fasting and 1st result of 5.6 mmols or above
requires a referral
- Any 2 hour and 2nd result of 7.8 mmols or above
requires a referral

An easy way to remember is 5, 6, 7, 8. (5.6 - 7.8)

The Specialist Midwives for Diabetes are available for
advice on the following numbers.

Diane Todd - 07966 558 333 LRI

Tina Evans - 07765 827 827 LGH

Specialist Midwives Office - 0116 258 5990 / 7773

GPs and Genomics what does it mean for you?

Would you like to learn more
about how Genetics and
Genomics can impact patient
care and find out about the
referral criteria?



If your Practice would like to arrange a bite size update on
Genetics and Genomics then please get in touch with Vanita
Jivanji Senior Genetic Counsellor/Beckie Kaemba Genetic
Counsellor and we will arrange a mutually convenient training
session at your Practice or the UHL.

If you have any particular requirements about what you would
like to learn/understand or update then feel free to let us
know so that we can try to meet your needs.

Please contact: Vanita Jivanji, Senior Genetic Counsellor:
vanita.jivanji@uhl-tr.nhs.uk or Beckie Kaemba,
Genetic Counsellor: beckie.kaemba@uhl-tr.nhs.uk
Telephone number: 0116 258 7947/6046

Pathology Update

Vitamin D Test requests

Currently the vitamin D test request is on the front sheet (common test) on Sunquest ICE.

Upon the request of GPs and in an attempt to help to use Vitamin D testing more appropriately this test will be moved to the chemistry screen as of 1st October 2017.

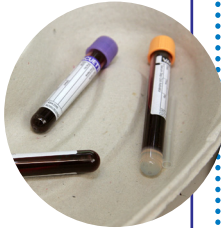
For further information please contact:

Dr Ginny Lee

Consultant Clinical Biochemist,
Virginia.lee@uhl-tr.nhs.uk

Dr Prash Patel

Consultant Metabolic Physician & HOD,
Prashanth.patel@uhl-tr.nhs.uk



Bile Acid Assay changes

Please be aware that we recently changed our bile acid assay to enable us to improve on the turnaround time available to our users.

The assay will now be available 24/7. Verification of the new Randox assay has shown to have a negative bias of ~12%, when compared to the current method. To accommodate for this, we have reduced the upper limit of normal from 14µmol/L to 10µmol/L and will be telephoning out all results >10µmol/L to the requesting clinician.

If you have any queries please contact

Dr Ginny Lee,

Consultant Clinical Scientist

0116 258 6553 or

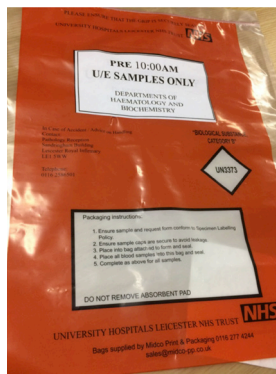
virginia.lee@uhl-tr.nhs.uk



Reminder

Priority Bagging System for U/E Samples

We are putting in place a system to try and help to triage samples once they arrive, the aim is to process the samples that were collected earlier in the day as priority to minimise a prolonged time between collection and separation.



We receive approximately 10,000 samples a day into our specimen reception, most of these arriving after 2pm.

Samples for potassium measurement should ideally be centrifuged within 6-8 hours of collection to minimise the chances of potassium leaking from the cells thus spuriously elevating the level in the serum.

We will be providing all GP surgeries with orange U&E bags (see photo) which should be used for samples that are collected before 10am (guideline time only).

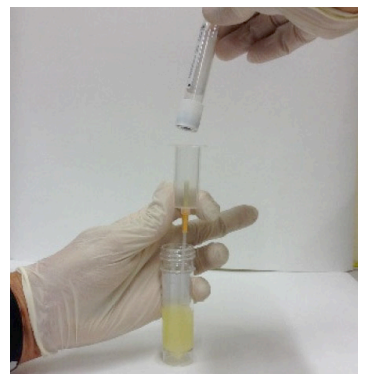
This will allow us to prioritise these samples for centrifugation and hopefully reduce the number of spurious potassium results, which are known to cause inconvenience to both GPs and patients.

The new bags will be available in early September and will be distributed to surgeries via the Pathology Drivers.

If you have any queries or concerns about the new system please contact **Andy Dorrington on 07909 546213**

Improved Efficiency Urine Collection System

Pathology are introducing a new Urine Collection system to facilitate the vision that all specimen tubes arriving in the laboratory are ready for processing immediately, eliminating any pre analytical procedures.



This will improve efficiency in the laboratory, resulting in improved analytical processing. We have trialled this new system in over 60 GP surgeries across Leicester over the last 18 months with very positive feedback so we plan to roll it out to all GPs.

We have produced a video to assist practices in the use of the new system and this can be found at <https://vimeo.com/234984977>

Surgeries will be sent the new tubes and straws and a set of instructions which explain how the system works starting from September 2017. However, we will contact each practice prior to the equipment being dispatched to further explain the process. We aim to have all surgeries using the collection system by December 2017.

The new system includes a transfer device (box of 100) and 9ml tubes (box of 100), one white top for chemistry (mainly Micras) and immunology and a 9ml green top tube containing Boric Acid for MSU (culture and sensitivity) for Microbiology.

For further information or any queries please contact **Andy Dorrington on 07909 546213 (Tuesday & Thursday only)**

GP Education & Events

SAVE
THE
DATE

Paediatric Allergy Study Day:

5 October 2017

All day
Clinical Education Centre
Leicester Royal Infirmary
Cost £100 Doctors; £75 Nurses

Contact:

Warren.Luyt@uhl-tr.nhs.uk

The LRI Children's Allergy team presents a study day on important topics on allergy – including:

- Is this allergy? Taking a history and performing allergy tests.
- Milk allergy – What's new and prescribing in the community.
- Presentation and treatment of allergy in the GI tract.

- Management of nut allergy at both home and school.
- The reintroduction of food allergens – meeting the challenge.

and Workshops on:

- The child with food allergy.
- The child with atopic eczema.
- Practical management of children's allergy

Leicestershire Palliative Care Group Study Day: Haematological Disorders

5 October 2017

9:00am - 4:30pm
LOROS
Cost £50 per person

Contact:

Karen Mann 0116 258 7512 or

karen.mann@uhl-tr.nhs.uk

CPD Points will be available

- Leukaemia, Transfusion-dependency & Alternatives at the End of Life: Dr Kate Hodgson, Consultant Haematologist
- Myeloma: Dr Linda Barton, Consultant Haematologist
- Palliative Care for Patients with Haematological Malignancies: Dr Samuel Krauze, SpR in Palliative Medicine
- Venous Thrombosis: Dr Richard Gooding, Consultant Haematologist
- Abnormal Blood Results - Who should I call?
- The Role of the CNS in supporting patients

"Making a Difference" Leicester Dermatology Conference

09 November 2017

9:00am – 4:30pm
Underwood Suite, Leicester Tigers
Cost: Doctors £80, Nurses £50 including lunch and refreshments

For further information and booking form please follow this link
<http://www.leicestershospitals.nhs.uk/professionals/gp-education/leicester-dermatology-conference/>

Joint Injection Course

11 November 2017

8:30am - 1:00pm
Leicester Marriott Hotel
Cost - £100 (includes refreshments & brunch)

Contact:

Nichola Coleman

0116 256 3016 or

Nichola.Coleman@uhl-tr.nhs.uk

Hands on course for GPs to cover Knee, Shoulder, Elbow, Hand, Wrist, Foot and Ankle and Trochanteric Bursitis

- After the break, participants will be split into four groups. These groups will visit the four stations in rotation (Shoulder & Elbow, Hand & Wrist, Hip & Knee, Foot & Ankle) for interactive sessions where the consultant in charge will help them to practice the injection skills on feedback models.
- Participants can discuss with the Orthopaedics Consultants anatomy, portals, technique and contraindications



If you would like more information about any articles in the newsletter or have suggestions for future editions, please do get in touch.

Catherine Headley

0116 258 8598

07931 206 247

UHLGPServices@uhl-tr.nhs.uk

And finally...

For general information such as referring to us, GP education and previous editions of the GP newsletter, you can find it all (home or at work) by clicking here:

www.leicestershospitals.nhs.uk/professionals/

