

GP Newsletter



Welcome to July's edition of the GP newsletter

Directory of Services

- Admission Avoidance
- Ambulatory Care Centre
- Fast Access

The new Directory of Services for admission avoidance, rapid access clinics, pathways and hot clinics is now available with information on how to access these services and telephone numbers.

The purpose of the directory is to ensure that patients requiring specialist opinion in a timely way can access the appropriate services to receive the care they need. This avoids usage of the Emergency Department, and sometimes ultimately being admitted to hospital.

The service is now supported by the development of the new Ambulatory Care Centre at Leicester Royal Infirmary which is located in the Balmoral Building on Level 1. Currently this includes the one stop TIA clinic, DVT Clinic and some acute medical clinics. Information on other sites where clinics are held is also included in the directory.

The directory is updated regularly as new services are added.

If you have any queries or comments, please contact:

Martin Watts
Service Manager:
0116 258 5231



General Hospital

LGH
Gwendolen Road
Leicester
LE5 4PW



Glenfield Hospital

GH
Groby Road
Leicester
LE3 9QP



Leicester Royal Infirmary

LRI
Infirmary Square
Leicester
LE1 5WW

Switchboard
0300 303 1573

Acute Medical Clinics

Access

LRI

Ward 15 Balmoral Building Level 1

Referral Criteria

- Simple sepsis not responding to treatment.
- Abnormal blood results requiring immediate intervention
- Cellulitis not suitable for the community IV service
- Ambulatory medical patients requiring an urgent secondary care opinion that can not be catered for by urgent out-patient appointment to appropriate speciality
- Minor upper GI bleed
(Access for CT/US on the day where possible)

Phone bed bureau:

0116 258 4858

AND fax a referral:

0116 258 5856

Some access for Ambulance patients,
please discuss with bed bureau

Opening Times

Slots available same day, 7 days a week

9am-5pm

Maximum wait

For same day service

Ambulatory Care Pleural Disease Clinic

Access

GH

Department of Respiratory Medicine

Referral Criteria

- Diagnosis and follow up of all new unilateral pleural effusions
- Management of malignant pleural disease
- Referral for medical thoracoscopy
- Long term in-dwelling pleural catheters
- Follow up for pneumothorax diagnoses/discharges
- Both internal and external/primary care based referrals
- Patients must be suitable for ambulatory care
- Please indicate if they are taking oral anti-coagulation

Please refer directly to lead Consultant
by faxing a copy of the referral form
(on GP clinical systems):

Fax a referral:

0116 256 3720

Opening Times

Wednesday AM

Maximum wait

One week

Symptomatic Breast Clinic

Access

GH

Breast Care Centre

Referral Criteria

- Provision is made for assessment & direct admission of ladies with symptomatic breast cysts via the on call SPR & Consultant.
- Telephone advice provided by specialist nursing/advanced nurse practitioner team & ward nurses regarding wound care, drains, pain etc.
Also ward attender provision once discussed with specialist nursing team.
- Daily short term & long term follow up clinics including wound & dressing assessments. Appointments made via Consultants admin support team.
If it is an abscess the bed bureau will take the demographics and call the breast care clinic who will give the bed bureau a time for the patient to attend either the same day or the following day. If the patient is systemically unwell the bed bureau will speak to Ward 24, who will usually see the patient on the ward.

Phone bed bureau:

0116 258 4858

AND fax a referral:

0116 258 5856

Opening Times

Monday - Friday

8.30-4.30pm

Maximum wait

24 hours

Cardiology Rapid Access Chest Pain

Access

GH

Outpatients' Cardiology Area

Referral Criteria

- Rapid access chest pain, requested, screened and signed off by a specialist Nurse.

Fax a referral:

0116 250 2653

Maximum wait

48 hours for urgent referral

2 weeks for non-urgent

Children's Services

LRI

Children's Assessment Unit

Referral Criteria

- All children's

Access

Phone Children's Assessment Unit directly:

0116 258 6225

Fax a referral:

0116 258 7637

Opening Times

Monday to Friday only
8.30am-4.45pm

Maximum wait

Same day service

Dermatology

LRI

Outpatients' Clinic Balmoral Building Level 1

Referral Criteria

- Bed Bureau forward referral to clinic, the referral is read and prioritised by clinician.
- GP is also required to speak to the on call dermatologist as well.

Access

Phone bed bureau:

0116 258 4858

AND fax a referral:

0116 258 5856

Opening Times

Monday - Friday
8.30am-5pm

Maximum wait

2 weeks

Diabetes

LGH

Outpatients' Clinic

Referral Criteria

- Bed Bureau forward referral to clinic, the referral is read and prioritised by clinician
- Patient informed by clinic.

Access

Phone bed bureau:

0116 258 4858

AND fax a referral:

0116 258 5856

Opening Times

Monday - Friday
8am-4pm

Maximum wait

24-48 hours

DVT

LRI

DVT Clinic Ambulatory Care Centre Balmoral Building Level 1

Referral Criteria

- Patient needs to be able to walk a few steps either independently or with walking aid.
- Bed bureau will advise GP that the patient may not have a scan on the day of referral but will be treated and a scan appointment booked if required.
- Ambulances can be booked by bed bureau if required.
- Patient needs to be made aware of potential delays if they require transport home.

Access

Phone bed bureau:

0116 258 4858

AND fax a referral:

0116 258 5856

Opening Times

Monday - Friday
8am-7pm

Saturday

8am-12noon

Maximum wait

Same day

Endocrinology

LRI

Outpatients' Clinic Balmoral Building Level 1

Referral Criteria

- Clinician to clinician conversation

Access

Discussion between GP and Consultant - facilitated by GP hotline or secretaries on:

0116 258 5157

Opening Times

Monday - Friday

8am-4pm

Maximum wait

28-48hrs

ENT

LRI

ENT Clinic Balmoral Building Level 1

Referral Criteria

- Clinician to clinician conversation

Access

Please contact the ENT consultant via the GP hotline:

0116 258 48 58 (option 2)

Opening Times

Monday - Friday

8am-6pm

Maximum wait

28-48hrs

Early Pregnancy Assessment Unit

LRI

Mon-Fri

Jarvis Building

Ground floor

Sat-Sun

Kensington Building

Ground floor

Referral Criteria

- Positive pregnancy test 6 weeks to 15+ weeks
- Pain and/or PV bleed, previous miscarriage, previous or suspected ectopic

Access

EPAU Call direct on:

0116 258 5241

GAU out-of-hours advice:

0116 258 6259

Opening Times

Monday - Friday

8.30am-5pm

Saturday - Sunday

9am-1pm

Maximum wait

48 hours



Frail Older People

LRI

Elderly Frail Unit Ward 33 Balmoral Building Level 5

Referral Criteria

Access criteria

Referrals will only be accepted if all of the following criteria can be met:

1. Patient aged 65+
2. Patient has had a change in function lasting more than 24 hours and no more than one month, such as:
 - a. Reduced mobility
 - b. New onset of difficulties in washing or dressing self
 - c. New onset of faecal or urinary incontinence
3. Patients should be stable enough to remain in their usual place of residence awaiting a clinic appointment (up to one week), and well enough to travel to the hospital
4. Patients should ideally be in receipt of multidisciplinary care (e.g. GP and community matron/intermediate care team).
5. Referrals will only be accepted if accompanied with a copy of the past medical history and current prescribed medication.

Exclusion criteria

- These hot clinic slots are only intended to support patients with sub-acute medical crises.
- They should not be used for routine referrals, including falls assessments.
- They do not replace other 'hot clinics' such as rapid access chest pain clinics or ambulatory care facilities run by the respiratory physicians.
- They should not be used under the cancer two week wait rule.
- They are not for patients with Transient Ischaemic Attacks or acute stroke.

Access

Clinician to Clinician conversation

Phone:

07584 772225

(8-6pm seven days per week).

Opening Times
24 hours per day

Maximum wait
4-14hrs

Gastroenterology

LRI

Outpatients' Clinic Balmoral Building Level 1

Referral Criteria

- Bed Bureau forward referral to clinic, the referral is read and prioritised by clinician
- Patient informed by clinic.

Access

Phone bed bureau:

0116 258 4858

AND fax a referral:

0116 258 5856

Opening Times
Monday-Friday
9am-5pm

Maximum wait
2 weeks

Gastrostomy PEG/RIG

LRI

Various

Referral Criteria

Information on

- Where and by whom the PEG was inserted
- Description of the current problem
- Patient's specialty

Access

Phone bed bureau:

0116 258 4858

AND fax a referral:

0116 258 5856

Opening Times
Monday-Friday
9am-5pm

Maximum wait
Same day

General Surgery

LRI/LGH

Various

Referral Criteria

- Bed Bureau will forward the referral to the SAU, the patient will be seen on the SAU by the consultant and appropriate action taken.
- Patients will be reviewed at either LRI or LGH.
- The service is for urgent / emergency reviews only.

Access

Phone bed bureau:

0116 258 4858

Fax a referral:

0116 258 5856

Maximum wait

Same day

Gynaecology

LRI

Kensington Building Level 1

Referral Criteria

- Gynaecology Emergency Admissions and Advice

Access

Please call Gynaecology Assessment

Unit directly:

0116 258 6305

Opening Times

24 hrs

Maximum wait

12-24hrs

Maxillofacial

LRI

Maxillofacial Department Balmoral Building Level 0

Referral Criteria

- Clinician to clinician conversation.

Access

GP to speak direct to Maxillofacial
Consultant on call via switchboard

Opening Times

Monday - Friday

8am-6pm

Maximum wait

2 weeks

Metabolic Medicine

LRI/LGH

Outpatients' Clinic

Referral Criteria

- Bed Bureau forward referral to diabetes clinic, the referral is read and prioritised by clinician
- Patient informed by clinic.

Access

Phone bed bureau:

0116 258 4858

AND fax a referral:

0116 258 5856

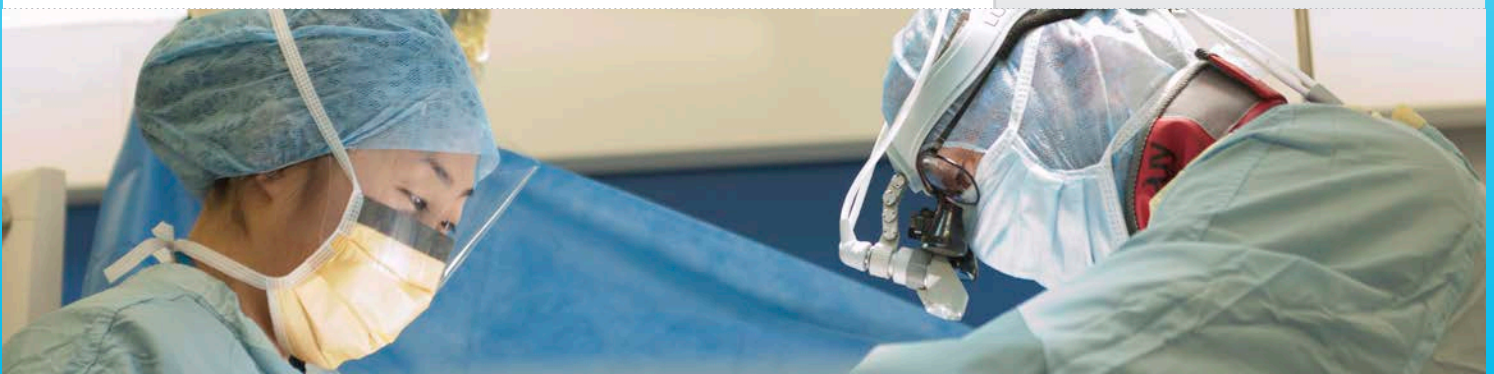
Opening Times

Monday-Friday

8am-4pm

Maximum wait

24-48hrs



Neurology

LRI

Ambulatory Care Centre Balmoral Building Level 1

Referral Criteria

Access criteria

- Suspected first seizures - please refer and fax a referral

Exclusion criteria

- Faints

Access

Phone bed bureau:

0116 258 4858

AND fax a referral:

0116 258 4094

Opening Times

Clinic held

Tuesday PM & Friday AM

Maximum wait

2 weeks

Ophthalmology

LRI

Windsor Eye Clinic Windsor Building Level 2

Referral Criteria

- All sight threatening emergencies, which would be our classification of same day for Ophthalmology.

Access

Phone EED directly:

0116 258 6273

Opening Times

Monday-Friday

8.30am-4.30pm

Saturday-Sunday/Bank Holiday

8.30am-12.30pm

Maximum wait

24 hrs



LRI

Fracture Clinic Balmoral Building Level 1

Referral Criteria

Non-urgent Trauma

Requires follow-up

1. Fax referral letter to Professor Harper Trauma Centre (PHTC)
2. Rapid review process - consultant x-ray meeting within 24 hours
3. Patient contacted by phone with outcome

Urgent Trauma

1. Out-of-hours refer to ED
 2. Contact on-call registrar for trauma via switchboard, then
 - a. Advice given over the phone - no follow-up
 - b. Accepted by registrar, **needs to be seen by registrar** (no appointment system):

Conditions:

 - Lacerations
 - Back injuries
 - Cauda equina
- OR IF:
- Advanced Nurse Practitioner (ANP) not on duty but patient requires attention prior to next available ANP appointment.

GP to fax letter to PHTC and include:

- Patient details
- Summary
- Accepting registrar

IF URGENT for that day - will be seen that day

- c. Accepted by registrar **to be seen by ANP, then**

Fax letter to PHTC and include:

- Patient details
- Summary
- Accepting registrar

IF URGENT for that day - will be seen that day - or given an appointment over the phone (Triage nurse will contact the patient with appointment within 24 hours)

Fax a referral to PHTC:

0116 258 5430

Opening Times

Monday -Friday
8am-7.30pm

Saturday-Sunday
10am-5pm

Maximum wait

Decision will be made
within 24-48 hours

Out-of-hours

Refer to ED:

7.30pm-8am

Contact on-call registrar for trauma:
0300 303 1573 bleep 4046

Fax letter to PHTC:

0116 258 5430

Fax letter to PHTC:

0116 258 5430

Maximum wait

Patients whose injury/condition that the registrar feels needs to be seen that day will be seen that day, either by ANP or registrar



Pulmonary Embolism

Access

GH

Ward 20

Referral Criteria

Access criteria

1. Patients are able to understand treatment instructions or home support/carer support to enable treatment instructions to be understood and for the treatment to be carried out
2. Telephone access to enable home treatment
3. Ambulatory and able to attend hospital for treatment
4. No perceived as having a bleeding risk e.g. liver disease, active peptic ulcer disease
5. No contraindications to warfarin or LMWH
6. Haemodynamically stable (systolic BP >100, pulse <110)
7. Not Hypoxic (O2 sats >92% on air, RR <30)
8. Not requiring IV analgesia
9. No intercurrent illness requiring admission
10. Adult (18 years and above) and not pregnant
11. No clinically obvious DVT

Exclusion criteria

- Positive Troponin (suggestive of right heart strain)
- History of collapse
- Patients with active bleeding or at significant risk of bleeding

Phone bed bureau:

0116 258 4858

AND fax a referral:

0116 258 3720

Opening Times

Monday - Friday

8.30-4.30pm

Slots available up to 2pm
to enable a one stop clinic

Maximum wait

Same day or next day

Rheumatology

Access

LRI

Visit Ward

Referral Criteria

- Clinician to clinician conversation.

GP to speak direct to the consultant on

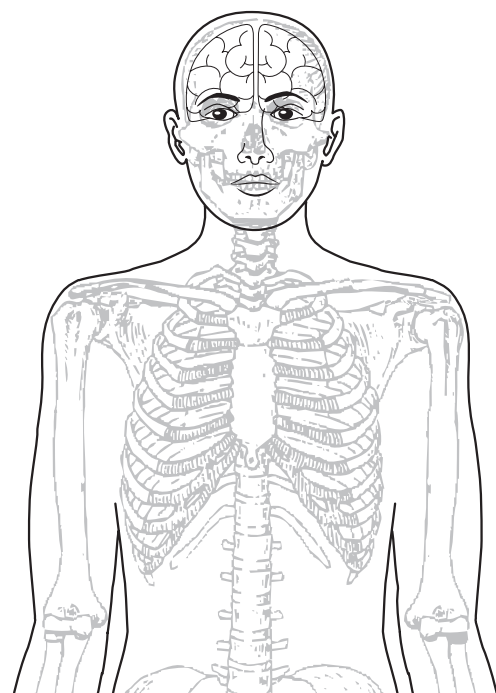
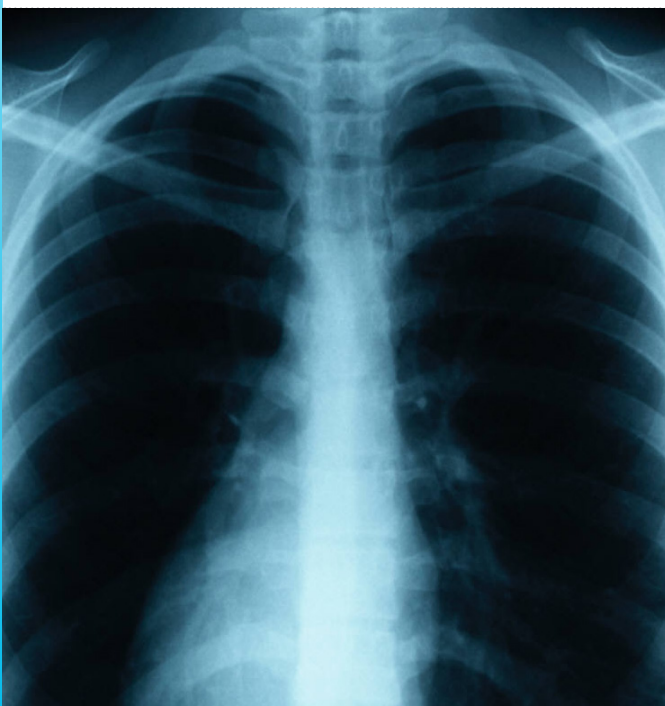
call via switchboard:

0300 303 1573

Seen on ward or emergency with
appointment

Maximum wait

2 weeks



LRI

Ambulatory Care Centre Balmoral Building Level 1

Referral Criteria

Only high risks are seen 24-48 hours.

- Service runs 365 days/year.
- If there is doubt; advised to phone the consultant stroke physician on call for that day.

Other suspected TIAs are seen <1 week.

- Patients referred to this clinic should be capable of attending for most of the day e.g. 8 am to 4 pm - it is a whole day one-stop clinic; so not suitable for very frail people - they need to be ambulant.
- Referral criteria exclude those with syncope. They should have had a transient episode of focal neurology.
- Suspected acute stroke patients are not usually seen in clinic unless it has resulted in no significant impairment so non-disabling strokes can be referred - but other strokes should go via the Emergency Department.
- If there is doubt; advised to phone the consultant stroke physician on call for that day.

Please speak to the clinic directly:

0116 258 5431

Fax a referral:

0116 258 6370

Opening Times

8am-4pm

Maximum wait

24-48 hours (urgent)

1 week (non-urgent)

Urology**Access****LGH**

Various

Referral Criteria

- Clinician to clinician conversation

Please contact the Urology consultant via the GP hotline:

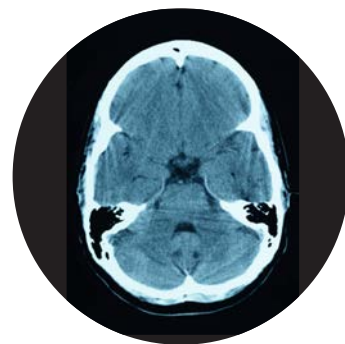
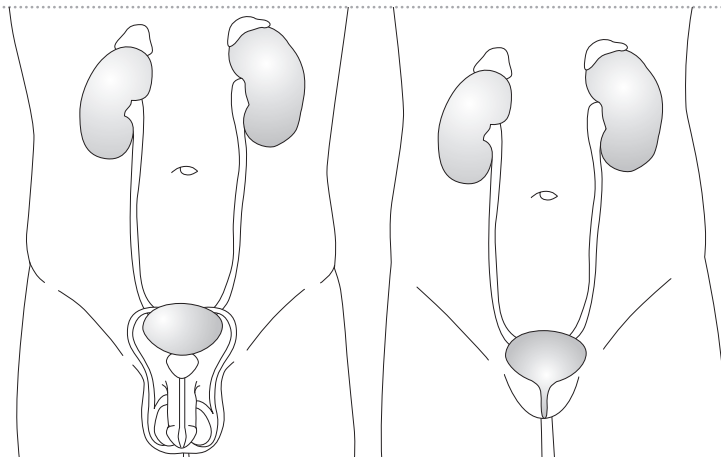
0116 258 48 58 (option 2)

Opening Times

24 hours

Maximum wait

Same day





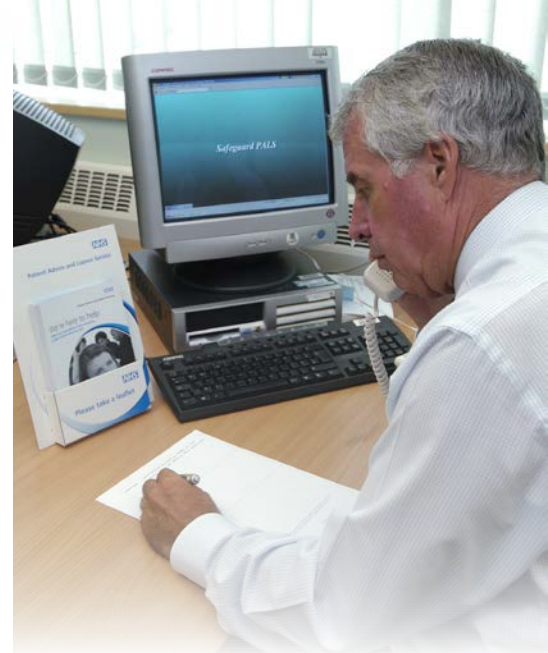
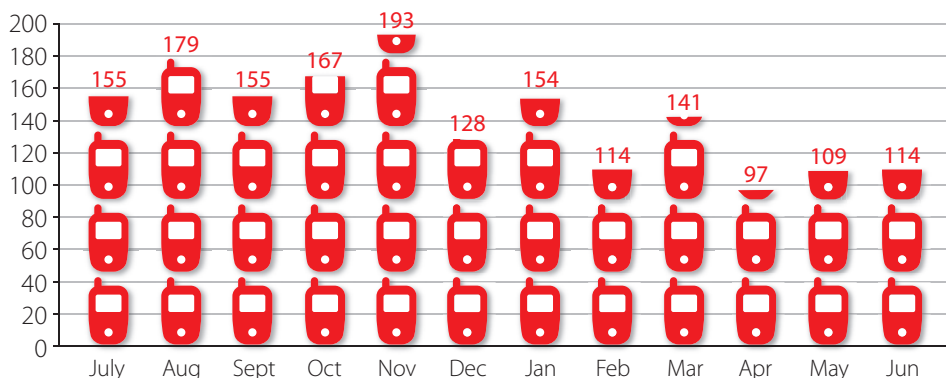
GP hotline

Tel: 0116 258 4858

highlight report
July 2013

Since the GP hotline was launched in May 2012, it has received the following number of calls:

Total number of calls



GP hotline online

You can email requests to the GP hotline through our website. Your request will be actioned in real time between the hours of 9am - 6pm Monday to Friday.

The online form can be found by clicking here:

<http://www.leicestershospitals.nhs.uk/professionals/gp-hotline-online-request-for-help/>

Alternatively, you can ring the GP hotline on 0116 258 48 58 and press option 2.

Below are three examples of the types of calls the GP Hotline received this month:

GP wishing to speak to a Gynaecologist:
Doctor has a patient with atrophic vaginitis - not getting benefit from replens. Had breast cancer and a mastectomy 5 yrs ago. Is it safe to treat her with topical vagifem 10mcg?

GP unable to find guidance on criteria for referral for tongue tie. He has a 17 year old chap with some difficulties with eating at times and occasional speech difficulties.

GP wishes to speak to a respiratory consultant or radiologist about the significance of pleural thickening on CXR in a 68 yr old gent with Hx oesophageal Ca, ex-smoker for 43 yrs, no Hx asbestos exposure; but wt loss of 4 lb in 1w & chesty cough.



Most queries are from GPs who would like to speak to a consultant about a patient query. Over a nine month period, following a GPs discussion with a consultant, the average percentage of patients were dealt with in the following ways:

- 68% received no intervention from UHL
- 13% required an admission
- 19% had a routine/urgent clinic appointment

Funding for the GP Hotline pilot has been agreed and it is now funded until April 2014

Calendar of forthcoming GP education

GP education and evidence of our learning has never been at a more important stage. Here in Leicestershire we are working together as providers of GP education to support a good range of quality learning events. Through collaborative work we have created a new

web page that should provide you with all the information you will need for your appraisal and revalidation, plus a calendar for CPD for the upcoming year.

www.llrappraisal.co.uk

Dr Leslie Borrill

Locality Clinical Lead, GP Beaumont Leys



GP Education

Consultant update

Starters

Dr Sennimalai Sankar Radiology

Leavers

Mr Andrew Mclean Cardiology

Dr Peter Bungay Radiology

Ms Judith Evans Plastic surgery

Forthcoming GP education events:

Saturday 28th September 2013

Joint Injection Course:
"What to inject, what not to inject and how to inject?"

Leicester General Hospital

To book a place contact:

Nicola Coleman
0116 256 3016

nicola.coleman@uhl-tr.nhs.uk

For further information about our GP educational events programme, please visit:

<http://www.leicestershospitals.nhs.uk/professionals/gp-education/>



Podcasts



The HIS firewall currently prevents practices from accessing Vimeo videos which our podcasts are. We are in conversation with HIS to find a solution to this issue.



Please contact Liz Sahu with suggestions for future podcasts.



If you would like more information about any articles in the newsletter or have suggestions for future editions, please do get in touch.

Liz Sahu

0116 258 8598 / 07432 623 350

liz.sahu@uhl-tr.nhs.uk



And finally...

For general information such as referring to us, GP education and previous editions of the GP newsletter, you can find it all (home or at work) by clicking here:

<http://www.leicestershospitals.nhs.uk/professionals/>

