

# Get Moving

We would like to encourage our patients to get dressed and mobile as soon as they are able to promote their dignity and to help them recover quicker.

**#red2green #last1000days  
#endPjparalysis**

 @Leic\_hospital
  Leicester's Hospitals
  Leicester's Hospitals
  Leicester's Hospitals
  leicestershospitals

# 2 Get Home

We are asking relatives, carers and friends to help our patients by:



Bringing in daywear, underwear, socks and comfortable shoes.



Providing glasses, hearing aids or any other items that our patients would usually have at home.



Toiletries to assist in washing, as well as toothbrushes and toothpaste.



You are welcome to assist your friend/relative with eating, dressing and walking (where appropriate). Staff are happy to support you in the correct way to do this.



Everybody Counts...

*Playing your part*