

October 2017

NHS

University Hospitals
of Leicester
NHS Trust

GP Newsletter

Caring at its best



Welcome to the October edition of the GP Newsletter

Changes to GPAU 13 November 2017

The GP and Ambulatory Unit (GPAU) is moving on Monday 13 November to level one of the Balmoral Building, in the old urgent care centre space, next door to the TIA and DVT clinics.

IMPORTANT

The way patients are referred to the service has not changed.

GPAU continues to be open seven days a week – 9am - 10pm Monday to Friday (last referral at 8pm), and 9am - 5pm Saturday and Sunday (last referral at 3pm).

GPAU is not open overnight.

Upon entering the hospital through the Windsor reception, anyone looking for GPAU should be directed straight to the lifts, up to the first floor and follow the signs to Balmoral. GPAU is located just after the WHSmith's shop.

If you need to contact GPAU for anything other than a referral, the new number is:

x0120 (or 0116 252 0120 if calling from outside UHL).

WHAT'S CHANGING FOR GPs AND OTHER REFERRING CLINICIANS?

Information leaflets will be available for you to give to your patients.

In summary, you should continue to refer patients via the Bed Bureau, and give the following instructions:

- 1 If your patient is arriving by ambulance,** please instruct relatives or carers to follow and park in the patient car park via Havelock Street and have change available for payment.
- 2 For patients arriving by car,** they should aim to arrive at the GPAU within one hour wherever possible. They will need to park in the patient car park via Havelock Street and have change available for payment.
- 3 Patients should not be directed to the Emergency Department (ED)** upon arrival at the Royal Infirmary; patients arriving at ED with a GP letter will be redirected to Windsor reception and follow the signs to GPAU if they are able.
- 4 If your patient is arriving by car and a wheelchair is required** on arrival, the buggy service from the car park operates 9am to 4pm, Monday to Friday and can be contacted on **07921 545440**. Outside of these hours, they may require an ambulance.
- 5 Please ensure your patient brings:**
 - a. The GP letter if this has been given to them
 - b. All their tablets
 - c. The details of any carers who may support them at home.

For further information please contact Rhiannon Pepper, General Manager
Rhiannon.Pepper@uhl-tr.nhs.uk

Ultrasound Groin Hernia Pathway

UHL Imaging, in conjunction with Primary Care, are in the process of developing new Imaging pathways on ICE. These pathways are for GP direct access referrals and are based on NICE guidance.

Their purpose is to help limit clinical variation and achieve a reduction in tests that are of limited clinical effectiveness.

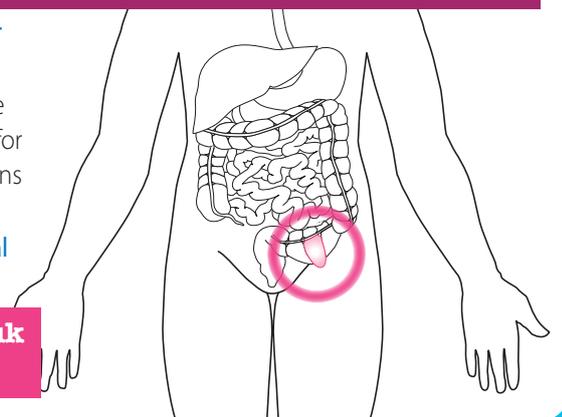
When the pathways go live, upon selecting the examination you will be presented with some questions regarding the patient. The selections made will provide advice as to whether the examination is recommended.

The first pathway to be rolled out is for Ultrasound Groin Hernia.

This pathway has been signed off by the CPIG GP leads. This is a simple pathway for US Groin left, right and both examinations and will be live by the end of October.

Pathways for US shoulder and CT Renal Stone Score will follow shortly.

For more information please contact Debbie.mclean@uhl-tr.nhs.uk
Debbie McLean Transformation Lead - Imaging



Return to Sender

Correspondence relating to any Consultant, Department or Clinic at any of the hospital sites can be returned to us via the Lab Van collection in the event of an error.

ALL letters MUST be placed in sealed envelopes and labelled clearly with "Returned GP Post, Data Quality Team, Rogers Ward LRI" so that they can be placed in our internal mail system.

Please follow the guidelines below when returning correspondence to us.

Please ensure that only correspondence which has originated from or is relevant to, UHL (Glenfield Hospital, Leicester General Hospital or Leicester Royal Infirmary) is sent to us.

Bradgate Mental Health unit, although based on the Glenfield hospital site is a service provided by Leicestershire Partnership Trust and therefore correspondence needs to be returned appropriately.

Do not place loose letters or correspondence in the Lab Van bag - they must be placed in a sealed envelope first.

As you are aware, it is essential to ensure we maintain Information Governance standards and Patient Confidentiality at all times and for this reason we are asking that these guidelines are followed.

If you have any queries or questions please contact the Data Quality Team via email:

Data.Quality@uhl-tr.nhs.uk

Su Clarke, Data Quality Team Manager



Baby Steps Study

A multi-disciplinary team of clinicians and researchers at the University Hospitals of Leicester Trust and George Eliot Hospital Trust, with a specific interest in lifestyle, diet and exercise are studying the effect of a structured education programme on women who have had gestational diabetes and are at risk of developing type 2 diabetes.

We are looking for women aged 18 years and older who have had diabetes in their most recent pregnancy, gave birth up to thirty-six months ago and can speak and read English.



For more information or to arrange a practice visit to discuss this study, please email:

babysteps@uhl-tr.nhs.uk

or ring Carol Liptrot on:

0116 258 8352

Carol Liptrot
Midwifery
Research
Associate



Fourth Clinical Senate 'Yule Meet' Event

Friday 1st December – Room 1880, Leicester Tigers, Aylestone Road, Leicester

You are cordially invited to the annual 'Yulemeet' Event, which will take place on Friday 1st December from 12.30, at Leicester Tigers.

As in past years, this event is hosted by the UHL Clinical Senate and executive CCG, and senior personnel across LLR are invited to participate. The Yulemeet objectives are to round up the year's events and to discuss and inform our priorities for the coming year.

In the face of persistent NHS financial and target pressures, this year the programme is themed on "Sustainability of Health Care in LLR".

The programme includes three topical presentations intended to update us on current LLR plans, including:

- 1. Toby Sanders**
(LLR STP Lead & Managing Director WL CCG), LLR STP & Better Care Together
- 2. Ursula Montgomery**
(GP & Ass Med Director), LLR approach to Emergency Frailty
- 3. Andrew Furlong**
Medical Director, UHL, Next steps for Urgent Care

The event is free of charge and you are encouraged to book early to secure your place.

You can either register on-line using the below EventBrite link:

www.eventbrite.co.uk/e/4th-annual-yule-meet-tickets-38652038287

or email: laura.dixon@uhl-tr.nhs.uk to book your place.

Time can count as either SPA (with CMG approval) or Study Leave, whichever is more practical for you. A light luncheon and refreshments will be provided at the start, and we look forward to seeing you on 1st December.

Kind regards
Professor Joseph Dias, Chair and
Dr Amit Mistri, Vice Chair

On behalf of the UHL Clinical Senate

SAVE
THE
DATE

GP Education & Events

Joint Injection Course

11 November 2017

8:30am - 1:00pm

Leicester Marriott Hotel

Cost - £100

(includes refreshments & brunch)

Contact:

Nichola Coleman

0116 256 3016 or

Nichola.Coleman@uhl-tr.nhs.uk

Hands on course for GPs to cover Knee, Shoulder, Elbow, Hand, Wrist, Foot and Ankle and Trochanteric Bursitis

- After the break, participants will be split into four groups. These groups will visit the four stations in rotation (Shoulder & Elbow, Hand & Wrist, Hip & Knee, Foot & Ankle) for interactive sessions where the consultant in charge will help them to practice the injection skills on feedback models.
- Participants can discuss with the Orthopaedics Consultants anatomy, portals, technique and contraindications

Musculoskeletal Core Clinical Skills – training for GPs

27 January 2018

General Hospital

8:00am – 1:00pm

Cost - £40.00

(including refreshments)

Contact:

Nichola Coleman

0116 256 3016 or

Nichola.Coleman@uhl-tr.nhs.uk

Primary Care refresher on Musculo-skeletal History and Examination Skills

- Small group refresher training in history and examination techniques with consultants
- Interactive discussion in management options
- Role of referral pathways

PGE certificates supplied

Places limited to 40 – apply early!

Leicestershire Palliative Care Group Study Day: End of Life and Frailty

17 May 2018

LOROS

9:00am – 4:30pm

Cost £50

(includes lunch and refreshments)

Contact:

Karen Mann

0116 258 7512 or

Karen.mann@uhl-tr.nhs.uk

Course description

Dementia in End of Life & Frailty:

Dr Sarah Stoneley, Consultant Geriatrician

Drugs at End of Life & Recommendations:

Jo Priestley, Senior Clinical Pharmacist, LOROS

Nutrition:

Dr Laura Clipsham, Consultant in Palliative Medicine

Supporting the Patient in Bereavement:

Jane Wood, Chaplain, LOROS

Advance Care Planning:

Dr Helen Hughes, SpR in Palliative Medicine

Symptom Control Panel Discussion:

(Panel to Include: Dr Luke Feathers, Dr Laura Clipsham, Consultants in Palliative Medicine & Dr Kathryn Oliver, GP)



If you would like more information about any articles in the newsletter or have suggestions for future editions, please do get in touch.

Catherine Headley

0116 258 8598

07931 206 247

UHLGPServices@uhl-tr.nhs.uk

And finally...

For general information such as referring to us, GP education and previous editions of the GP newsletter, you can find it all (home or at work) by clicking here:

www.leicestershospitals.nhs.uk/professionals/

