

# SPIRITUAL CARE BULLETIN

JOINING UP SPIRITUAL CARE IN THE CITY AND THE COUNTIES

## LRI Chapel dates

Sunday morning Christian services at LRI are now held once a month. They are either on the fourth Sunday in the month *or* on a festival Sunday.

The dates for 2018 are:

- 20 May (Pentecost)**
- 24 June**
- 22 July**
- 26 August**
- 23 September (Harvest)**
- 28 October**
- 11 November (Remembrance)**
- December (to be arranged)**

The services are at 10:30am in the Chapel, Balmoral level 0, opposite the main lifts. Volunteer wheelchair pushers collect patients from 10:00am onwards and return them to their wards by 11:30am.



## Ramadhan

**Dawood Bhula,  
Muslim Chaplain writes:**



“The month of Fasting for Muslims, which is called Ramadhan, is coming soon . The month has many benefits for the person fasting.

“For the past 8 years I have been blessed and fortunate to spend this month in the Holy cities of Makkah and Madinah in Saudi Arabia. I have been very fortunate to be able to go there because it is meant for me to find peace and tranquillity. When I am over there my purpose is to please Allah and to give my full devotion to the remembrance to Allah. Even with the high temperatures in Saudi at time of the year I make sure I fulfil the fasting obligation and participate in the prayers during the day and night regardless of the heat and any other hardships. This month helps me recharge spiritually and prepares me for the year ahead for any hardships. The purpose of this great month is to help us weaken our connection with the material world and to strengthen our connection with Allah by excelling in spirituality”.

**Our Muslim Chaplains have offered this simple advice for patients during Ramadhan:**

**A person who is ill is not required to fast.**

They are exempt because of their physical needs.

If patients wish to pray, they may do so.

They will need ablution (washing) before praying; they may use the bathroom for ablution.

They may sit or lie down to pray.

## Chaplaincy - here for you...

Phone: LRI: 258 5487 | LGH: 258 4243 | GH: 258 3413 | LPT: 229 4055

Email: UHL: [chaplaincy@uhl-tr.nhs.uk](mailto:chaplaincy@uhl-tr.nhs.uk) | LPT: [chaplaincy@leicspart.nhs.uk](mailto:chaplaincy@leicspart.nhs.uk)

Intranet: UHL: search 'chaplaincy' | LPT: search 'chaplaincy' then 'Spiritual and pastoral care' link



## Songs of Praise on Ward 29



**Sonya Wratten,  
Christian chaplain writes:**

"Music and laughter were heard from the dayroom on ward 29 on several occasions in the early part of this year.



"Patients, volunteers, staff and visitors came together for 'Songs of Praise'. I led it with Chaplaincy volunteers in partnership with the Meaningful Activities team. This is a new venture bringing a Christian service to patients who are unable to leave the ward and visit the Chapel; a sort of pop up service!

"As well as singing, each service included an interactive reading, prayers with actions and musical interludes. The aim was to make the events enjoyable and easy to access. These joyful occasions finished with refreshments and chatting afterwards.

"We hope that 'Songs of Praise' will continue in the future and maybe you'll be able to join for a rousing chorus! With thanks to everyone who supported this new venture".

## Hello, my name is... Sarah!

"I'm Revd Sarah Wright, the new Chaplain based at Glenfield Hospital and Bradgate Mental Health Unit and Associate Priest in the Burrough Hill and South Croxton Benefices. Three locations, one ministry... to care for the wellbeing of every person - patient, parishioner, staff member or relative - of all faiths and life views. I bring my experience from the Acute Medical Unit at LRI, Women's Aid, the Police, Leicester Council of Faiths and from my life. But I know each day I will learn even more from each conversation, sacrament and prayer. Learning always how precious each life is."



**And now you ask in your heart,  
"How shall we distinguish that which is good in pleasure from that which is not good?"  
Go to your fields and your gardens,  
and you shall learn that it is the pleasure of the bee to gather honey of the flower,  
but it is also the pleasure of the flower to yield its honey to the bee.  
For to the bee a flower is a fountain of life,  
and to the flower a bee is a messenger of love,  
and to both, bee and flower,  
the giving and the receiving of pleasure is a need and an ecstasy.**

Extract from Kahlil Gibran's *The Prophet*