

MODIFIED TEXTURE MEAL

Category D : Pre –mashed Menu

FISH

Salmon Supreme Served with Mashed Potato and Carrots & Broccoli GF

Fish in Mornay Sauce Served with Mashed Potato and Carrots & Broccoli ↑ GF

BEEF

Rich Beef Stew Served with Mashed Potato, Cauliflower and Broccoli GF

Cottage Pie served with Mashed Carrot and Swede GF

Corned Beef Hash served with Mashed Potato, Carrots and Broccoli ↑ GF

LAMB

Lamb Stew Served with Mashed Potato, Parsnips, and Brussel Sprouts GF

PORK

Sausages in Onion Gravy Served with Parsley Mashed Potato, Carrots & Broccoli ↑ GF

Liver and Bacon Casserole Served with Mashed Potato Carrots & Swede ↑ GF

CHICKEN

Chicken in Rich gravy Served with Mashed Potato Carrots and Swede GF

Chicken Curry with White Rice, Broccoli and Cauliflower ↑ GF

Chicken & Vegetable Casserole Served with Mashed Potato, Carrots & Brussel Sprouts ↑ GF

VEGETARIAN ✓

Macaroni Cheese Served with Mashed Potato, Broccoli, Carrots & Swede ✓

Cauliflower and Broccoli in Cheesy Sauce Served with, Parsley Mashed Potato Carrots & Swede ✓ GF

Mediterranean Vegetables Served with Mashed Potato, Parsnip & Brussel Sprouts ✓ (VEGAN)

Vegetarian Brunch with Scrambled Egg, Mushrooms, Tomatoes, Mashed Potato ✓ GF

Vegetable & Lentil Casserole Served with Parsley Mashed Potato, Cauliflower & Brussel Sprouts
↑ ✓ (VEGAN)

Cheesy Potato Bake Served with Parsley Mashed Potato, Carrots and Parsnip ✓

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Hot Desserts

Summer Fruits with Custard  GF

Bakewell Sponge with Custard 

Lemon Sponge with Lemon Sauce 

Apple Pie with Custard 

Sticky Toffee Pudding with Custard 

Rice Pudding  GF

Cold Desserts

Raspberry dessert  GF

Chocolate mousse  GF

Strawberry mousse  GF

Ambrosia Chocolate Custard Pot 

Thick & Creamy Muller Yoghurt 

Diet Coding

GF - Gluten Free

 - Vegetarian,

 - High Energy