

Texture Modified C – D - E

Breakfast Menu

Ready Brek made with Hot Full Cream Milk
Weetabix made with Full Cream Fresh Milk

Orange Juice
Apple Juice
Pineapple Juice

Thick & Creamy Yoghurt
Stewed Apple Pot
Banana – Mashed (category E only)
Chocolate Custard Pot
Plain Custard Pot

Choice of drinks to accompany breakfast include:

Tea, regular or decaffeinated
Coffee, regular or decaffeinated
Yeast extract hot drink
Hot Chocolate
Malted milk
Squash, orange, lemon or blackcurrant
No added sugar squash, orange, lemon or blackcurrant
Milk, semi-skimmed or full fat
Fruit fusions
Water

Please thicken if required according to speech and language therapist's (SALT) advice.