

University Hospitals of Leicester NHS Trust

Medical Continence Clinic.

The Medical Continence Clinic is aimed at elderly patients and patients with complex medical or neurological conditions that have developed bladder/bowel dysfunction.

Referral Criteria

❖ **Frail Older Person with one or more of the following:**

- Previous admission to Hospital with:
 - Urinary Tract Infection.
 - Constipation.
 - Impaction.
 - Nocturia.
 - Falls linked to bladder/bowel dysfunction.

 - Recurrent falls at home linked to urgency and/or frequency of micturition, nocturia.
 - Bladder and Bowel Dysfunction impacting on patient or patient's carer's quality of life.
 - Faecal Incontinence.
 - Failed previous conservative treatments.
- ❖ **Patient over 65years of age with significant co-morbidities plus bladder or bowel dysfunction.**
- ❖ **Adults with bladder and/or bowel dysfunction secondary to their neurological condition- eg: MS, CVA, Parkinson 's disease, Diabetes.**

All elderly patients will receive a Comprehensive Geriatric Assessment alongside a full assessment of their bladder/bowel dysfunction.

- ❖ **Referrals are also accepted for the Continence Specialist Nurse for the following:**
- Teaching and review of intermittent Self-catheterisation.
 - Sheath Fitting.
 - Bladder retraining.
 - Continence Aids.

Where: Castleden Clinic Leicester General Hospital.

When: Tuesday and Wednesday Afternoons.

Led by: Consultant Geriatrician and the Continence Nurse Specialist.

Book via Choose and Book Continence Service-General Medicine-LGH-RWE or Fax referrals to 0116 2584061 (Safe Haven Fax Machine).

For advice or information please contact the Continence Nurse Specialist: 0116 2584062.

